NSW Department of Communities and Justice

Program Specifications

Targeted Earlier Intervention (TEI) Program

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Our commitment to Aboriginal people, the traditional owners and custodians of Country

We acknowledge the Stolen Generations, including Aboriginal children, young people and families currently affected by the statutory child protection system.

We acknowledge the needless suffering and trauma inflicted on Aboriginal children, young people and families through colonisation and forced assimilation.

We acknowledge that this trauma continues to affect Aboriginal people today and that Aboriginal children and families continue to be disproportionally affected by the statutory child protection system. We undertake to shape our practices accordingly using the expertise and knowledge of Aboriginal families, communities and Elders.

All Targeted Earlier Intervention service providers funded by the NSW Department of Communities and Justice must be committed to delivering culturally safe and responsive services for Aboriginal children, young people and families, driven by the principle of Aboriginal self-determination, and working with families and communities to keep families safely together and strong.

Note on terminology

The term 'Aboriginal' in the Program Specifications refers to both Aboriginal and Torres Strait Islander peoples. It is used to refer to the numerous nations, language groups and clans in NSW. The TEI program supports children, young people and families from diverse Aboriginal and Torres Strait Islander communities and backgrounds across NSW.

The term 'family' captures all different types of family and kinship groups. We acknowledge that family compositions are unique and encompass many cultural factors such as Aboriginal kinship structures.

Program Specifications | Targeted Earlier Intervention (TEI) Program

1. Purpose

1.1 Purpose of the TEI Program Specifications

The Targeted Earlier Intervention (TEI) Program Specifications (the Program Specifications) set out the intended program outcomes and target groups, and the expected services to be delivered under the TEI program, in the context of the NSW Department of Communities and Justice (DCJ) contracting system and the NSW Human Services Outcomes Framework.

Clause 5 of the **Agreement for Funding of Services – Standard Terms** of the Human Services Agreement (HSA) contains further information about service providers' obligation to comply with the Program Specifications.

These Program Specifications may be amended or replaced from time to time by DCJ. Service providers should comply with the current version of the Program Specifications. Updates to the Program Specifications will be shared with service providers.

The content of these Program Specifications applies to TEI service providers across all program activities, unless otherwise stated. Any requirements that are unique to an individual program activity are detailed in <u>section 3.3</u> (program activities).

Note: the Program Specifications present the scope of service delivery in the TEI program. Individual service providers are not expected to offer every program activity or service type contained within the Program Specifications but should be able to recognise their service within the overall program description. Individual service provider contracts will outline the program activity and service types the provider should be delivering.

1.2 Program overview

Evidence shows that early intervention is the most effective strategy to improve outcomes for children, young people, families and communities.¹ The TEI program offers voluntary support to children, young people, families and communities where the evidence suggests it will have the most impact, early in life and early in need.

The TEI program delivers culturally safe, responsive and flexible support services to meet the needs of children, young people, families and communities experiencing or at risk of vulnerability. These needs may change over time or emerge due to broader social issues, such as pandemics, natural disasters and global crises that impact the cost of living. The program recognises that the needs of families and communities are not static and that people move in and out of hardship and disadvantage and will need different levels and types of support over time.

TEI services promote family and community wellbeing and reduce vulnerability and risk factors (including those that may lead to child abuse, neglect and family violence), while also building protective factors. The program helps to foster and grow personal, family and community-level strengths and capacity, and to increase individual and community safety.

The program supports wellbeing outcomes by helping the growth of social connection and strong relationships. It recognises safe, secure relationships are a critical protective factor in the prevention of, and recovery from, adverse childhood experiences and trauma.²

Fox, S., Southwell, A., Stafford, N., Goodhue, R., Jackson, D. and Smith, C. (2015). Better systems, better chances: a review of research and practice for prevention and early intervention. Australian Research Alliance for Children and Youth (ARACY); Early Intervention Foundation. (2018). Realising the potential of early intervention. <u>https://www.eif.org.uk/report/realising-the-potential-of-early-intervention</u>
 James Martin Institute of Public Policy. (2024). Supporting child and families to flourish. <u>https://jmi.org.au/wpcontent/uploads/2024/08/Web-Version-JMI_Supporting-children-and-families-to-flourish_Final.pdf</u>

The TEI service system is designed in collaboration with local service providers, communities and local governance arrangements, which involve a broad range of stakeholders.

TEI services do not operate in isolation but sit within a complex and diverse human service system, encompassing a broad range of early intervention supports delivered by non-government organisations, NSW Government, Australian Government, local councils and philanthropy. The willingness of service providers to collaborate, co-design and coordinate with other services, both government and non-government, universal and targeted, is vital for the TEI program to achieve outcomes for its target groups.³

1.3 Program structure

The TEI program is made up of three program activities:

- 1. **Community Strengthening** focuses on community wellbeing, the collective sense of belonging, participation, trust, and access to resources and services that allow individuals and their communities to flourish and fulfil their potential. This is particularly important for at risk groups within the community. This includes services that build and facilitate community cohesion, inclusion and wellbeing, and empower Aboriginal communities for example, delivering community events and workshops, advocacy and support, and education skills and training.
- 2. **Family Connect and Support (FCS)** provides a soft entry point and connection to the service system for families who require services to prevent their needs escalating. FCS helps families identify their strengths and address underlying issues and needs by delivering holistic assessment, case coordination, warm referrals, information, advice and practical support.
- 3. Wellbeing and Safety aims to support children, young people and families with targeted and intensive support. This includes services that strengthen protective factors and respond to risk factors that may lead to child abuse, neglect and/or family violence, and help parents and caregivers provide their children and young people with a safe and nurturing home for example, counselling, family capacity building, parenting programs and supported playgroups.

Service providers may deliver services across any or all the program activities. Service providers are contracted to deliver particular service types, depending on the outcome of local commissioning processes which determine local priorities (see section 3.2) for service provision.

Figure 1 shows a diagram of the TEI program structure.



young people and families can access local support based on their changing needs.

2. Legislative and policy context

The NSW Human Services Agreement (HSA), which includes the **Agreement for Funding of Services – Standard Terms** and the **Agreement for Funding of Services – Schedule for Targeted Earlier Intervention**, outlines service provider obligations, including the requirement that services be provided in accordance with all applicable laws, standards and policies and accreditation requirements.

All service providers must comply with all relevant provisions in the Public Finance & Audit Act 1983 and the Privacy and Personal Information Protection Act 1998.

Clause 6 of the **Agreement for Funding of Services – Standard Terms** also requires service providers to ensure that all personnel engaged in providing services are properly authorised, accredited, trained and experienced and have completed all mandatory pre-employment screening, including a Working with Children Check (WWCC).

The primary legislation that underpins DCJ provision of funding to non-government organisations under the TEI program is the *Community Welfare Act 1987* and associated regulations, which seek to protect and improve the wellbeing of the people of NSW.

The Children and Young Persons (Care and Protection) Act 1998 (Care Act) also impacts on the delivery of DCJ-funded programs. The Care Act broadly aims to ensure that children and young people receive the care and protection necessary for their safety and wellbeing and covers mandatory reporting requirements (section 27) and information exchange (Chapter 16A).

2.1 Chapter 16A and information sharing

<u>Chapter 16A of the Care Act</u> allows prescribed government and non-government bodies the authority to share relevant information about children and young people to collaboratively promote their safety, welfare and wellbeing. Staff in TEI services should use the provisions of Chapter 16A to gather comprehensive and relevant information from the referring agency and other professionals involved with the family to make a holistic assessment of family need and to inform case planning.

The DCJ website has further guidance.

2.2 Child Safe Standards

Organisations and people working with children in NSW share responsibility for keeping children safe. All child-related organisations in NSW should apply the <u>NSW Child Safe Standards</u> to better prevent and respond to child abuse. Applying the Standards makes it easier for children, parents, caregivers and staff to share their understanding of child safety across different settings. The Standards encourage consistency across all environments.

<u>The Child Safe Scheme</u> (the Scheme) was established after the NSW Parliament passed legislation in February 2022 to make child-related organisations safer for children and young people in NSW. The Scheme is overseen by the Office of the Children's Guardian (OCG).

The Scheme includes 10 Child Safe Standards (the Standards) to guide child safe practices in NSW. The Standards aim to ensure all child-related agencies protect children and young people from harm. The 10 Child Safe Standards are explained in more detail on the <u>OCG website</u>. This site also has <u>resources</u> (including a <u>self-assessment tool</u>) to support agencies to understand the Standards and identify ways to improve their child safe practices.

2.3 Policy context

The TEI program contributes to a number of state and national initiatives by investing in services which respond to the needs of children, young people, families and communities in need. This includes a strong commitment to improve outcomes for Aboriginal people. Some of these initiatives are:

- NSW Human Services Outcomes Framework
- Brighter Beginnings NSW
- Family is Culture (FIC) Independent Review
- 2020 National Agreement on Closing the Gap
- NSW Closing the Gap Implementation Plan 2022-24
- Safe and Supported: the National Framework for Protecting Australia's Children 2021–2031
- Aboriginal and Torres Strait Islander peoples' First Action Plan 2023-2026
- National Plan to End Violence Against Women and Children 2022–2032
- NSW Domestic and Family Violence Plan 2022–2027
- NSW Sexual Violence Plan 2022–2027.

2.4 2.4 Investment in Aboriginal early support services

To reflect the commitment to Aboriginal children, families and communities, the TEI program has a statewide target to invest 30% of early intervention program funding with Aboriginal Community Controlled Organisations (ACCOs).

This is driven by several of the state and national priority reforms and initiatives listed above, which call for further investment in early intervention services and building the ACCO sector to address inequities in the system and meet targets to reduce the over-representation of Aboriginal children in out-of-home care.

Objectives of the TEI program include:

- using Indigenous Data Sovereignty and Governance principles
- investing 30% of TEI program funding with ACCOs
- sharing decision-making authority with Aboriginal communities and ACCOs through service system co-design and Aboriginal-led commissioning
- putting Aboriginal Case Management Policy (ACMP) principles into practice.

3. Program description

3.1 Program objectives

The objectives of the TEI program align with the TEI vision for all children, young people, families and communities in NSW to receive the support they need, when they need it.

The program objectives are that:

- Aboriginal children, young people, families and communities have access to Aboriginal designed or co-designed, and Aboriginal delivered, supports and services.
- TEI services are culturally safe and responsive, trauma-informed and healing focused.
- TEI services harness the unique strengths and resources of individuals, families and communities. Services walk alongside families and recognise individuals and families as agents of change.
- Families can access TEI services to meet the needs of children and young people early and prevent escalation.
- Risk factors that lead to child abuse, neglect and family violence are identified and addressed early.

The TEI program can achieve this through the commissioning of services that:

- Empower Aboriginal families to lead assessments and decision-making and keep their children safe at home and connected to kin, community, Country and culture.
- Actively facilitate shared decision-making authority and choice about services and supports for Aboriginal people and communities.
- Recognise the significant role of culture as a protective factor for children and young people in their family and broader communities.
- Help communities to support and protect their members through building strong social connections and support networks.
- Support parents and caregivers to meet the physical and material needs of their children.
- Support parents and caregivers to meet the social, emotional and developmental needs of their children by developing positive parenting skills and addressing causes of negative parenting practices.
- Assist young people to stay connected with their family and make positive life choices as they move into adulthood.
- Actively engage with children, families and communities in need by breaking down barriers to accessing support and working with them to coordinate services.
- Collaborate and network with other child, family and community early support services and more intense, multidisciplinary services, such as interagency forums and community of practice networks.
- Actively partner with other services to provide integrated services and where possible wraparound and place-based models of service delivery to ensure children, families and communities receive the range of support they need.

Figure 2 shows a diagram of the TEI program structure.

Figure 2

TEI PROGRAM STRUCTURE



3.1.1 TEI service practice principles

To deliver an effective TEI service system, the following practice principles should be used in the delivery of services with TEI clients. TEI services should be:

- **Culturally safe**, **responsive and respectful**. Recognising the past and present life experiences of individuals, families and communities. Promoting connection to cultural knowledge, values, traditions and strengths.
- **Trauma aware and informed**. Culturally affirming and healing focused. Recognising the impact of trauma (including intergenerational trauma), family violence and the ongoing experiences of racism and stigma on people accessing services.
- Flexible and responsive. Using diverse engagement methods to reach different client groups. Recognising and responding to changes in community and society and providing different levels and types of support to clients depending on their needs.
- **Person centred**. With the child, young person and/or family at the centre and leading decision-making, and with holistic assessments of strengths and needs.
- **Strengths based**. Using strengths-based and community-led approaches to design and implement services. Supporting people to build their capacity for change and communities to leverage from their strengths and resources.
- **Evidence informed**. Using evidence to design, implement and improve programs and services across the life course, using natural development phases and transition points as opportunities to deliver services.
- Holistic and collaborative. Taking a holistic view of the family and all children and young people in the family unit. Working in partnership with other services and/or organisations to build an integrated service system and improve client outcomes.
- **Capability building**. Supporting families to develop their capabilities and take charge of their own lives. Building cohesion, resources and social capital within communities.
- Localised and community centred. Designed in collaboration with communities to meet local needs. Delivered by local services, or services with a footprint in the local community.
- **Connected**. Ensuring clients and communities are supported to build and sustain kinship and informal networks and connections in the local community. Supporting connection to culture, community and country.

These principles have been informed by a range of sources, including the <u>Aboriginal-led Early</u> <u>Supports Evidence Review</u>.

3.2 Target groups and local priorities

The target population for the TEI program is children, young people, families and communities within NSW who are in need. This population may experience challenges and/or barriers to identifying and accessing the services they need to live independent and self-determining lives.

3.2.1 Key target groups

A number of key groups are recognised as particularly important in the context of early support planning and are recognised across all three program activities:

- Aboriginal children, young people, families and communities. DCJ has a strategic commitment to improve the outcomes of Aboriginal families and communities, and to ensure that all Aboriginal people in NSW have self-determination about matters that affect their lives.
- **0–5 year olds**. This aligns with NSW Health's 'First 2000 Days Framework', reflecting the lifelong impact of adverse experiences during this period, as well as the opportunities to build resilience, mitigate against risk and influence positive life course outcomes during this period.
- Children and young people at risk of disengagement from school, family and community. Family and community connections can be central to the development of positive self-identity. A child or young person's experiences and support during transition periods can have a significant impact on school engagement, school completion and later employment.
- Young parents with known vulnerabilities or who are experiencing a number of hardships. Young parents can benefit from parenting support, practical assistance, advocacy and other services to help build a nurturing and stimulating home environment for their child and connect with the services they need to support themselves and their family.
- **Children and young people affected by mental health conditions.** Children and young people affected by mental health conditions often have poor long-term outcomes. Children and young people can benefit from intervention support with earlier identification and timely and targeted referrals.

These key groups are not mutually exclusive. Some children, young people and their families may belong to more than one group.

This list of key target groups is not exhaustive of potential TEI clients, and TEI services may support other client groups according to local priorities and needs.

These key target groups align with priorities highlighted by the <u>Stronger Communities Investment Unit</u> – 2018 Insights Report.

3.2.2 Local priorities

TEI services will be commissioned in line with local priorities. Local planning processes determine priority groups and issues, taking into consideration the key target groups (above) and other available research, evidence and data.

The key target groups have been identified to guide rather than direct local investment. Local priorities may not align directly with the key groups identified above and may include additional groups, depending on local evidence, need and circumstances. For example, in a community with a high population of culturally and linguistically diverse (CALD) families, local planning may identify CALD families with children aged 0–5 years as a priority.

3.3 Program activities

Across all TEI program activities, there is a focus on improving the safety and wellbeing of children, young people, families and communities.

Within each program activity, there are a diverse range of service types offered to meet the needs of individuals and communities. People may access multiple service types across program activities at the same time. Levels of need may change over time and therefore their need for service types may change.

The program does not have time restrictions for service provision (with the exception of Family Connect and Support) to ensure there is flexibility in service delivery in response to client needs.

3.3.1 Program logics in all program activities

Program logics have been developed for TEI program activities that connect the current situation with the evidence, services and client outcomes the program aims to achieve. Service providers must develop their own program logic, using the program-level program logics (**Appendix A**), which will help demonstrate how the outcomes each service provider is achieving contribute to the overarching client outcomes for the program.

Service providers may need to complete more than one program logic, depending on what program activity they are funded to deliver and who they are delivering services to. This is explained in the sections below for each program activity.

Service providers must review their program logic at least annually and/or when there is a contract variation or when service delivery changes.

Service providers are **not** required to develop a separate <u>Cultural Safety and Wellbeing Program Logic</u>, but must use these principles in their service design and delivery.

Resources are available on the DCJ website under key <u>TEI program resources</u> to support service providers in developing program logics. This includes individual program logic templates with examples and an <u>e-learning module</u> to support service providers in developing their program logics.

See section 3.3 for further information about program logics.

Program activity 1: Community Strengthening

Strong community wellbeing is critical for helping children, young people and families thrive, especially when they are in need. Community wellbeing is a collective sense of belonging, participation and trust, as well as access to resources and services that allow individuals and their communities to flourish and fulfil their potential.

The Community Strengthening program activity builds social and community connections and enhances cohesion by connecting members of a community in need with their broader network and supporting the community as a whole.

The Community Strengthening program activity is not restricted by program eligibility criteria. Rather, it is designed to be delivered flexibly in response to community and client needs.

Community Strengthening services are culturally safe, responsive and relevant, and support healing for Aboriginal people and communities. Community Strengthening initiatives are strengths based and developed in authentic partnership with the community.

Community Strengthening includes neighbourhood and community centres that provide and sustain social infrastructure. Using community development approaches, Community Strengthening services create opportunities for communities to identify their needs, priorities and aspirations, and support them to enact solutions to local issues.

Neighbourhood and community centres also provide safe and accessible spaces for all members of the community, especially members who are marginalised or require assistance. These centres provide tangible support and assistance and contribute to improvements in community wellbeing, public health, social connection, disaster preparedness and resilience.⁴

Community Strengthening services often provide a soft entry to other supports and services.

⁴ Neighbourhood and Community Centres in NSW: LCSA 2022 Census Summary Report, p. 2.

Program activity	Service types
Community Strengthening	Advocacy and support
	Community engagementCommunity sector coordination
	Education and skills training
	 Facilitate employment pathways Indigenous advocacy / support
	 Indigenous advocacy / support Indigenous community engagement
	 Indigenous healing activities
	 Information /advice / referral
	Social participation

See <u>Appendix E</u> for more information on the TEI service types.

Community Strengthening – evidence and program logics

Service providers under the Community Strengthening program activity are expected to use the evidence from the <u>Community Strengthening Evidence Review</u>, including the <u>five critical elements</u>, to build their individual program logics and design and deliver services.

This evidence is captured in the <u>Community Strengthening Program Logic</u>. The five critical elements are:

- Inclusive and genuine co-design and partnership: building authentic partnerships with community that work towards community ownership while also ensuring that the diverse voices of community are represented.
- Leveraging strengths and building capacity: initiatives that are both strengths based and actively build community capacity.
- **Creating safe and effective spaces:** spaces that are safe and accessible to everyone to allow for the effective engagement of diverse community members.
- Intersectional and safe approaches: incorporating an understanding of how the different aspects of a person's identity (e.g. gender, ethnicity, disability) can expose them to overlapping and intersecting forms of discrimination and marginalisation to allow for the delivery of a more integrated, safe and holistic suite of services.

Delivering services to	How do I develop my program logic?
Community (Community Strengthening)	Service providers funded under the Community Strengthening program activity and delivering services to the community will develop an individual program logic using the <u>Community Strengthening Program Logic</u> .
Young people	Service providers funded under the Community Strengthening program
(Community Strengthening)	activity with a specific focus on delivering services to young people will develop an individual program logic using the <u>Community Strengthening</u> <u>Program Logic</u> and findings from the <u>Youth Work – Agency and</u> <u>Empowerment Evidence Review.</u>

• A whole system approach: interventions that are part of a whole system approach interconnect multiple community cohorts and agencies.

Community Strengthening – organisations delivering community sector coordination activities

The Community Strengthening program activity also incorporates community sector coordination activities to build partnerships with community and other relevant organisations. Organisations

delivering community sector coordination activities will work closely with TEI services to help them develop their organisational capability and support coordination and collaboration within the sector.

These organisations should prioritise and promote the TEI Service System Outcomes through their work with other TEI service providers and must demonstrate how the services they deliver contribute to the achievement of the outcomes.

Delivering services to	How do I develop my program logic?
TEI service providers (Community Strengthening)	Organisations funded under the Community Strengthening program activity and delivering community sector coordination activities will develop an individual program logic using the Community Strengthening Program Logic and the TEI Service System Outcomes (section 6).

Program activity 2: Family Connect and Support

<u>FCS</u> is a TEI program activity for FCS service providers working with children, young people and families in NSW to build family capacity and decrease risk. Core service features include information and advice, initial and comprehensive assessment, warm/outbound referrals, practical assistance, proactive outreach, short-term case planning and coordination, and active holding.

The role of the FCS service provider is to identify and build on formal and informal strengths and resources within a family and work in partnership with families to address any issues and concerns. This program activity aims to reduce the need for involvement of the statutory child protection system in the future.

Where required, FCS service providers should operate during core business hours and be available to provide a service to families outside core business hours when required. This can involve the flexible use of workers after hours when required in response to family needs and circumstances or providing a service outside business hours in line with agency after-hours processes. FCS providers may also deliver services via outreach, tele-practice and/or mobile services.

Program activity	Service types
Family Connect and Support	 Active holding Family capacity building Information / advice / referral

See <u>Appendix E</u> for more information on the TEI service types.

FCS service features

Service providers contracted to provide the FCS program activity must deliver the service features outlined below.

Suitability

FCS is for families:

- with a child under 18 years of age living in the long-term or permanent care of the family or household, and
- who are not currently case managed by DCJ or another service provider.

If the family has a recent DCJ risk of significant harm (ROSH) report, it will have been assessed as requiring a less than 10-day response with no other supports or responses identified as appropriate and available.

FCS service providers are encouraged to have conversations with the referrer and families to determine the overall appropriateness of FCS and may exercise their discretion in individual circumstances.

Where families are not suitable for the FCS program activity, service providers will arrange an appropriate referral and provide information about alternative services.

Timeframes for service delivery⁵

Once a referral is received by an FCS service provider, timeframes for engagement and service delivery start. FCS service providers should promptly acknowledge and advise the referrers if a referral has been accepted.

As FCS is time limited, service providers are encouraged to work with families to identify their needs and refer them to relevant supports in the shortest period.

As a guide, FCS should work with families for no longer than 16 weeks, although this will be driven by the family's needs. The maximum period of FCS service delivery is six months from the time the referral is received. When required, a family can be re-referred to FCS following approval by the DCJ contract manger for a case extension. There is no limit on the number of re-referrals to an FCS service provider.

Consent

While it is best practice to obtain consent before making a referral, the FCS service provider can make initial contact with the family without consent to allow the service to engage with the client.

FCS service providers will seek informed consent directly from the family as soon as practical to undertake initial assessment and deliver FCS services. Ongoing engagement with the service by the family is voluntary.

Inbound referrals

FCS referrals can be received from a range of sources, including Child Wellbeing Units, mandatory reporters in universal settings (e.g. schools and hospitals) and the community or self-referrals. Referrals may also be made by DCJ, including directly from the Child Protection Helpline and from DCJ statutory child protection services, provided the referral meets the suitability criteria.

DCJ referrals

There is a 30% cap on DCJ referrals to FCS. The purpose of the cap is to ensure that FCS does not become overloaded with DCJ referrals, leaving limited capacity for community or self-referrals. FCS service providers and DCJ should work together to develop formal protocols to monitor and track local referrals, including establishing quotas for inbound referrals.

Negotiation of referral quotas with DCJ should involve both child protection services staff (Manager Clients Services, CSC; Director Community Services) and DCJ District Commissioning and Planning. Protocols should include dispute resolutions processes.

FCS service providers and DCJ must agree that FCS is the most suitable option to provide support to the family at that point in time. Where there is disagreement, FCS and DCJ should follow established processes for the decision to be reviewed and escalated if required. All DCJ referrals to FCS service providers will be made through the Universal Referral Form (URF) section on ChildStory.

Note: the FCS knowledge article 'Record a referral to Family Connect and Support (FCS)' in ChildStory provides a step-by-step guide for DCJ caseworkers on how to make an appropriate referral to the FCS

⁵ While the FCS program activity has timeframes around how long a provider can work with a client, the Community Strengthening and Wellbeing and Safety program activities have no time restrictions. Unless a timeframe is specifically agreed during contract negotiations, service providers can offer services under these two program activities for as long as deemed necessary.

program activity. Once the referral is received and a decision is made about whether it will be accepted, the FCS service provider will advise DCJ about the outcome.

Client triage and assessment

FCS service providers undertake a triage assessment to help develop an understanding of who the family is and their presenting issues and situation. FCS aims to make an initial assessment of their needs within one week of a referral being received. Following this, if required, service providers undertake a comprehensive, holistic, strengths-based child and family assessment with families to develop a deeper understanding of the family's strengths and current needs.

The <u>Common Assessment Framework (CAF)</u> should be used to inform an FCS worker's approach to undertaking assessment.

When a comprehensive assessment is required, the <u>Common Assessment Tool (CAT)</u> must be used to help to determine the child and/or family's strengths and needs, to then inform case coordination, planning and referrals.

Where the inbound referrer has already undertaken an assessment, the FCS provider will seek permission to access the assessment to minimise duplicative client assessment, unless it is necessary to a client's current situation.

Client engagement

Clients referred to the FCS program activity will be contacted within three working days on receipt of a referral. It can take time to build trust and engage families, so a minimum of three contact attempts should be made with the family.

FCS service providers will use flexible approaches and outreach channels to reach clients, build trust and break down barriers. Client engagement is a key feature of the FCS program activity and aligns with the <u>Preventing Child Maltreatment Evidence Review</u> core component of 'engagement'.

The <u>CAF</u> and <u>CAT</u> include further guidance on client engagement.

Case coordination and planning

Where clients' needs are assessed as more complex or a range of service responses is required, service providers will work with the family to develop a family case plan. Plans will be family led, strengths based and identify appropriate timeframes, resources and supports.

The <u>CAF</u> includes further guidance on case coordination and family case planning.

Warm/outbound referrals

Outbound client referrals will be appropriate, timely and facilitated ('warm') by the FCS practitioner. A warm referral means families are directly supported by FCS to contact a service or another professional. Where there is a family case plan, outbound referrals will align with the case plan goals.

Aboriginal and CALD children and families will be supported to access culturally safe and appropriate programs and services.

The <u>CAF</u> includes further guidance on making referrals.

Active holding

An <u>active holding</u> response will be used where an FCS service provider is unable to refer or arrange services to meet a families' needs due to gaps or lack of availability in the service system.

Active holding involves the FCS service provider monitoring the family's circumstances and providing short-term case management and support to address immediate needs – including practical support and home visits – and follow-up with service providers while suitable services are being arranged.

The CAF and FCS service types include further guidance on active holding practice.

Case follow up and feedback

FCS service providers will follow up on the outcome of an outbound referral by making contact with the referral agency and/or the family. FCS service providers will use their professional judgement to determine the most appropriate means to follow up and how best to obtain information about the outcome of a referral.

Case follow up will help ascertain if the referral appropriately met the family's need. A follow-up process may determine the need for the family to be reassessed or a different referral or service to be initiated.

Use of brokerage funding

Brokerage is a component of the family capacity building service type. It can be used for families where presenting issues can be quickly addressed through practical assistance and where services and support are not otherwise available.

FCS service providers will use brokerage funds to ensure:

- the timely and effective engagement of families, and
- the management of presenting issues through the purchase of services or goods that address the immediate needs of a child or young person at risk of entering the statutory child protection system, where these services or goods are not otherwise available.

Case transition and closure

FCS service providers work with families to ensure cases are closed and/or clients and families are transitioned appropriately to other services. Factors for consideration at transition include the achievement of case plan goals and the extent to which the family will benefit from a case being transferred or closed. A transfer to a different service will occur where there are mutually understood benefits of doing so.

Families can exit the FCS service at any stage. Cases remain open and active until case plan goals are achieved or the case is transferred to an appropriate service provider and follow-up is completed.

If the FCS service provider considers there is risk to a child or young person in closing a case but the family wishes to proceed with exiting the program, the FCS service provider should consult the Mandatory Reporter Guide.

Identifying and responding to family violence

FCS workers will be skilled in identifying and responding to family violence through trauma-informed and culturally safe service responses. Service provision aims to address the immediate needs of victim-survivors and their children and families. This includes understanding the nature and cycle of family violence and developing safety plans with victim-survivors and their families.

FCS workers will have sound knowledge of specialised family violence services and referral pathways within their local area and the capability to escalate high-risk cases through the appropriate means (i.e. police, Safety Action Meeting and ROSH reports).

FCS workers can also make referrals for perpetrators of violence to accredited behaviour change and specialist programs.

FCS outreach in universal and community settings

Providing outreach services by locating an FCS service provider within universal settings is an effective model of delivering FCS and supports the early identification of children and young people in need. It also builds capacity within other services, helping staff to identify and respond to need earlier.

FCS identifies soft entry points within universal and community settings and provides outreach in partnership with other services (e.g. early childhood education provider, early childhood nurse or home school liaison officer).

The partnerships formed with universal services help to build knowledge and understanding across the service system, which strengthens referral pathways and enhances outcomes for families.

Program activity	How do I develop my program logic?
Family Connect and Support	Service providers funded under the Family Connect and Support program activity are not required to develop an individual program logic for their service. ⁶ See a program-wide program logic at <u>Appendix A</u> .

Family Connect and Support: evidence and program logics

Program activity 3: Wellbeing and Safety

The Wellbeing and Safety program activity comprises services aimed at supporting children, young people and families with tailored support when they are in need. Services focus on ensuring that individuals are supported to seek help and improve wellbeing, that parents are supported to develop positive parenting skills and address underlying causes of negative parenting practices, and that families are supported to provide an environment for their children and young people that is safe and nurturing (i.e. reducing risk of child abuse, neglect and family violence). Service providers need to adapt to the evolving needs of their clients and work in partnership with a range of services, including specialist services, possibly across sectors, to provide an effective response and positive outcomes.

Services in the Wellbeing and Safety program activity may have a focus on working specifically with children and families, or with young people, or both. The Wellbeing and Safety program activity is not restricted by program eligibility criteria. Rather, it is designed to be delivered flexibly in response to client needs.

Wellbeing and Safety providers may also work with victim-survivors of family violence and their children to help keep these families safe and strong. This may include:

- undertaking comprehensive assessment of strengths and needs, and safety planning
- identifying and working with children and young people as victims of family violence in their own right
- identifying and working in a family-led way towards holistic goals related to the safety, health, economic, education, community and cultural needs of all family members
- delivering a wraparound approach to case management that is therapeutic, trauma informed, and culturally safe and responsive
- providing specialised family violence referrals to address the needs of all family members.

⁶ The FCS program activity differs from the other program activities as it is a specific and unique program model implemented uniformly across NSW. As such, FCS service providers are not required to develop an individualised program logic and can instead use the program-wide program logic.

Program activity	Service types
Wellbeing and Safety	 Counselling Education and skills training Family capacity building Indigenous supported playgroups Information / advice / referral Mentoring / peer support Parenting programs Specialist support Supported playgroups Youth individualised support

See <u>Appendix E</u> for more information on the TEI service types.

Wellbeing and Safety – evidence and program logics

The <u>Wellbeing and Safety Program Logics</u> incorporate evidence from the following evidence reviews:

- Wellbeing and Safety (Children and Families) Program Logic (from the <u>Preventing Child</u> <u>Maltreatment Evidence Review</u>)
- Wellbeing and Safety (Young People) Program Logic (from the <u>Youth Socioemotional Wellbeing</u> <u>Evidence Review</u> and the <u>Youth Work – Agency and Empowerment Evidence Review</u>).

Providing services to	How do I develop my program logic?
Children and families (Wellbeing and Safety)	 Service providers funded under the Wellbeing and Safety program activity providing services to children and families will: develop an individual program logic using the <u>Wellbeing and Safety</u> (Children and Families) Program Logic, and identify which <u>Preventing Child Maltreatment core components</u> they are delivering (see detail about core components below) within their program logic.
Young people (Wellbeing and Safety)	Service providers funded under the Wellbeing and Safety program activity providing services to young people will develop an individual program logic using the <u>Wellbeing and Safety (Young People) Program</u> <u>Logic</u> .
Both children and families, and young people (Wellbeing and Safety)	 Service providers funded under the Wellbeing and Safety program activity providing services to both children and families and young people will develop individual program logics using: <u>Wellbeing and Safety (Children and Families) Program Logic</u>, and <u>Wellbeing and Safety (Young People)</u> Program Logic.

Wellbeing and Safety (children and families) – Preventing Child Maltreatment core components

Service providers funded in the Wellbeing and Safety program activity specifically working with children and families should use the core components from the <u>Preventing Child Maltreatment</u> <u>Evidence Review</u> in their service planning and delivery.

The <u>Evidence Portal</u> includes further information on the core components and the core components approach.

The Preventing Child Maltreatment Evidence Review identified the following five core components from evidence-informed programs:

- Engagement
- Case management
- Parental education, coaching and modelling
- Parental self-care and personal development
- Building supportive relationships and social networks

These are recommended as standard components for effective delivery of child and family services working with families at risk of child abuse or neglect.

Where possible, clients should have access to all five Preventing Child Maltreatment core components. To achieve this, service providers will deliver each core component or work in partnership with other service providers locally through coordinated referral pathways to ensure clients can access services that offer the other core components.

For example, supported playgroups deliver four of the five core components but are generally not expected to provide case management. A service provider may therefore need to build a referral pathway to a case management service for clients to access if appropriate, ensuring that clients have access to all five core components.

Service providers should look beyond the TEI service system and into the broader early intervention network when seeking out other agencies to partner with to deliver the core components. Partnerships and referral pathways to deliver the core components should be reflected in individual program logics.

A table of the Preventing Child Maltreatment core components matched to Wellbeing and Safety service types is available at <u>Appendix F</u>. Service providers can use this resource to cross-reference their service types against the core components to identify which components they are delivering.

Wellbeing and Safety (young people) – core components and best practice elements

Service providers in the Wellbeing and Safety program activity working with young people should consider the core components and best practice elements from the <u>Youth Socioemotional Wellbeing</u> <u>Evidence Review</u> and the <u>Youth Work – Agency and Empowerment Evidence Review</u>. These are captured in the <u>Wellbeing and Safety (Young People) Program Logic</u>.

The core components are:

- Self-concept, self-efficacy and confidence
- Mindfulness and self-regulation
- Prosocial skills and relationship building
- Building motivation and monitoring behavioural change
- Building knowledge and awareness for socioemotional wellbeing

The four components of best practice in youth work are:

- **Connectivity:** development of programs and services that are long-term, sustainable and relationship-based, birthed and sourced from within the community.
- **Strengths-based approach:** embracing notions of independence and autonomy among services for young people.
- **Capacity building:** ability to build capacity in terms of staff professional development, effective research, evaluation and information gathering and sharing, and leadership in the area of governance and management.

• **Contextual and systemic considerations:** consideration of macro contexts, including economic, political, social and cultural factors.

3.3.2 Additional requirements when delivering parenting programs and supported playgroups

The TEI program is working towards an <u>evidence-informed approach</u> to service delivery. This means that wherever possible TEI-funded service providers should use evidence to design, implement and improve programs and services. This can be research evidence, lived experience and client voice, and professional expertise.

For service providers delivering parenting programs and supported playgroups, the TEI program has identified evidence to support the selection of programs and models for delivery. The TEI program's evidence-informed approach also includes identifying and supporting emerging, locally designed parenting programs and supported playgroup models. This acknowledges that not all parenting programs and supported playgroup models identified in the evidence are appropriate or meet the needs of all families accessing TEI services.

Parenting programs

Parenting programs align with one of the Preventing Child Maltreatment core components: parental education, coaching and modelling.

When delivering parenting programs, service providers will select an evidence-informed program where possible. To help service providers find a suitable option, the TEI program has a list of evidence-informed parenting programs (available on the DCJ website). Providers should review the evidence-informed list and select a program where it is suitable and relevant to their local context and client and community need.

If a provider considers a locally designed program is more suitable in their local context, they can propose this option to their DCJ contract manager. They will need to complete a brief template to outline the proposed program and the rationale for selecting this in preference to a program from the evidence-informed list.

Providers should also consider the location parenting programs are delivered, noting that social stigma remains a factor influencing some individuals from accessing these programs. Consider hosting the parenting program in a neutral location, rather than at the service provider's office. This should also be considered when delivering supported playgroups.

As with all TEI services, parenting programs should be offered free of charge.

Supported playgroups

Supported playgroups align with four of the Preventing Child Maltreatment core components.

Supported playgroups involve engaging parents and caregivers to meet and learn new parenting and play skills in a positive environment. The TEI program supports evidence-informed supported playgroup models identified through the <u>DCJ Family and Community Services Insights, Analysis and Research (FACSIAR) Supported Playgroup Rapid Evidence Scan (2024)</u>. This scan provides a summary of the best available evidence on outcomes for children and families attending supported playgroups.

The scan identified the following supported playgroup models with the strongest evidence:

- Kids in Transition to School (KITS)
- smalltalk
- PEEP Learning Together Program (PEEP-LTP)

- Learn, Engage and Play (LEaP)⁷
- Parent-Child Mother Goose

The scan also examines elements of effective playgroup formats and identifies best practice principles. These should always be considered when planning the design and implementation of playgroups. The scan provides details of the models identified in the evidence.

Service providers delivering supported playgroups should aim to select one of the models from the scan. When selecting a supported playgroup model, providers should always consider the available evidence, local context, and client and community need.

If a service provider considers a locally designed supported playgroup model more suitable in their local context, they can propose this option to their DCJ contract manager. In this case, a provider will need to complete a brief template to outline the proposed model (or adaptation), the rationale for why it is suited to the local context (in preference to one of the evidence-informed models identified in the scan) and any evidence available to demonstrate its effectiveness.

Providers who select to deliver a locally designed supported playgroup model must ensure their model aligns with the <u>best practice principles</u> identified in the evidence scan and also that their model aligns with the <u>Early Years Learning Framework</u>.

Indigenous supported playgroups and parenting programs

Indigenous supported playgroups are a specific supported playgroup service type for Aboriginal parents and carers, or parents of Aboriginal children to share experiences of parenting and learn new parenting skills while being supported by workers who coordinate the activities.

Service providers are **not** required to select a supported playgroup model from the evidence-informed list when delivering this service type. Indigenous supported playgroup models should be locally designed with input from community and practitioner expertise.

The <u>Aboriginal-led Early Support Programs Evidence Review</u> identified eight common themes among the highly rated evidence about Aboriginal-led early support programs designed for Aboriginal children, young people, families and communities. Service providers delivering Indigenous supported playgroups should consider these common themes when delivering services.

While there is no specific service type to reflect Indigenous parenting programs, the same principle applies. Service providers should offer parenting programs that are locally designed with input from community and practitioner expertise, with reference to the <u>Aboriginal-led Early Support Evidence</u> <u>Review</u>.

Supported playgroups and parenting programs for CALD communities

People from CALD communities can face a number of barriers to accessing services and may experience increased levels of social isolation. Supported playgroups and parenting programs may be especially beneficial for this group. When delivering parenting programs or supported playgroups to CALD communities, providers should consider using a CALD facilitator from the same community and translated or adapted resources, where possible.

4. Evidence-informed services

4.1 The evidence base

In 2015, the Australian Research Alliance for Children and Youth (ARACY) in partnership with the NSW Government, released <u>Better Systems Better Chances – a review of research and practice for</u> <u>prevention and early intervention</u>. The report provided a strong evidence base for the TEI program, including that protective and risk factors at individual, family and community levels are highly predictive of life outcomes, and effective prevention and early intervention can dramatically change life trajectories.⁵

The TEI program has a growing evidence base. As part of continuous service improvement, these Program Specifications outline how the program has evolved and been reshaped to use insights and evidence. They also provide guidance to service providers about how to use the available evidence in service design and delivery.

4.2 Evidence-informed approach

The TEI program has an evidence-informed approach to design and practice. An evidence-informed approach uses three different types of evidence to inform service design and decision-making:

- Research evidence and data⁸
- Qualitative data such as lived experience, client voice and client feedback
- Practitioner expertise and local knowledge

To support the sector to implement and engage with the research evidence, DCJ has:

- developed and published a number of evidence reviews with research partners
- developed a core components approach to preventing child maltreatment for the Wellbeing and Safety program activity
- commissioned independent evaluations of both the TEI and FCS programs.

This evidence is available on the DCJ Evidence Portal.

⁸ DCJ notes that there are limitations associated with the accuracy of data and research evidence relevant to Aboriginal peoples. Further work is in progress to address these limitations.

5. Client outcomes frameworks

The NSW Human Services Outcome Framework (<u>Appendix B</u>) focuses on outcomes across seven domains (safety, home, economic, health, education and skills, social and community, and empowerment) and provides a mechanism for monitoring and reporting progress on the outcomes of clients participating in government and non-government programs across NSW.

The TEI program has developed a TEI Program Client Outcomes Framework (<u>Appendix C</u>) to align with the NSW Human Services Outcomes Framework. The TEI framework provides a roadmap for linking the TEI program and any program activities to improved client outcomes. The framework articulates what the program (as a whole) aims to achieve for children, young people, families and communities in NSW.

The overarching TEI program client outcome is achieving **safety at home.** Service providers should aim to work towards one or more of the outcomes in the framework with the understanding that each of the client outcomes in the framework contributes to the program's overall outcome.

To measure how each service provider is working towards these long-term outcomes, client information is recorded systematically through the <u>Data Exchange (DEX)</u>. Specifically, short-term client outcome data will be collected through the <u>Standard Client / Community Outcomes Reporting</u> (<u>SCORE</u>) Framework. To support the standardised collection of outcomes, SCORE domains and related validated outcome measurement tools have been aligned with the overarching TEI program client outcomes.

See <u>Appendix C</u> for the TEI Program Client Outcomes Framework.

5.1 Outcomes for Aboriginal people in the TEI program

Outcomes for Aboriginal people in the TEI program (<u>Appendix D</u>) have been designed in consultation with ACCOs and Aboriginal staff in the TEI program to reflect what is important to Aboriginal people.

ACCOs and service providers supporting Aboriginal people are **not** required to report these outcomes in DEX.

6. Service system outcomes and key program requirements

6.1 Service system outcomes

Improving the wellbeing of children, young people, families and communities requires a flexible and responsive service system equipped to respond quickly and effectively to emerging issues and challenges.

Seven service system outcomes have been developed to describe the outcomes that the TEI program aims to achieve as a sector to improve client and community outcomes.

Organisations delivering community sector coordination activities play a fundamental role in supporting the TEI sector to deliver the service system outcomes. These organisations will be specifically contracted to deliver services aligned to the TEI Service System Outcomes and are expected to demonstrate their contribution to achieving them.

The seven service system outcomes are:

- 1. Strengths based
- 2. Flexible and responsive
- 3. Culturally safe and responsive
- 4. Capable
- 5. Collaborative
- 6. Person-centred and community-centred
- 7. Evidence informed.

Further detail on the TEI Service System Outcomes is in Appendix G.

6.2 Key program requirements

Aligned with the TEI Service System Outcomes, there are seven key program requirements that all service providers must use in their service delivery. By meeting the key program requirements, service providers contribute to achieving the service system outcomes.

The seven key program requirements are:

- 1. Supporting the cultural safety and wellbeing of Aboriginal people
- 2. Supporting the cultural safety and wellbeing of culturally and linguistically diverse communities
- 3. Free and accessible services
- 4. Flexible timeframes
- 5. Effective engagement and assessment
- 6. Identifying and responding to family violence
- 7. Referral pathways and sector collaboration, including referrals to universal early years services

Each key program requirement is described below. First, the table shows the alignment between the service system outcomes and program requirements.

Program requirement	Corresponding service system outcomes
Supporting the cultural safety and wellbeing of Aboriginal people	 Culturally safe and responsive Capable Evidence informed
Supporting the cultural safety and wellbeing of culturally and linguistically diverse communities	Culturally safe and responsiveCapable
Free and accessible	Flexible and responsive
Flexible timeframes	Flexible and responsivePerson and community centred
Effective engagement and assessment	 Strengths based Flexible and responsive Capable Person and community centred Evidence informed
Identifying and responding to family violence	 Strengths based Flexible and responsible Collaborative Person and community centred
Referral pathways and sector collaboration including referrals to universal early years services	Flexible and responsibleCollaborative

6.2.1 Supporting the cultural safety and wellbeing of Aboriginal people

DCJ acknowledges the suffering and trauma inflicted on Aboriginal children, young people and families through colonisation and forced assimilation practices. DCJ recognises the effects of this undue trauma, which continues to affect Aboriginal people today, and that Aboriginal children and families continue to be disproportionally affected by the statutory system.

Supporting the wellbeing of Aboriginal children, young people, families and communities through the delivery of culturally safe and responsive services is critical to achieving positive outcomes for Aboriginal clients. TEI services focus on healing and trauma-informed responses. A lack of cultural safety, racism and mistrust are barriers to accessing essential services.

Cultural safety means 'an environment which is spiritually, socially and emotionally safe, as well as physically safe for people; where there is no assault, challenge or denial of a person's identity, of who they are and what they need.'

Culturally safety and responsiveness is a key TEI service system outcome. Given its importance, a separate program logic has been developed to reflect the requirements and responsibilities of all service providers in relation to applying cultural safety and wellbeing to service design and delivery.

The Cultural Safety and Wellbeing Program Logic is at Appendix A.

This program logic is based on evidence from the <u>Cultural Safety and Wellbeing Evidence Review</u>. Supporting evidence is available in the <u>Aboriginal-led Early Support Programs Evidence Review</u>. 9

The <u>Cultural Safety and Wellbeing Evidence Review</u> identified the six common critical elements of cultural safety:

- Recognising the importance of culture: culturally safe service delivery begins with understanding the importance of connection and culture in the lives of Aboriginal peoples. Culture is integral to a sense of identity as the First Peoples of Australia, and being connected to culture, Country and kin is a protective factor for Aboriginal children, young people and families.
- Self-determination: the right to self-determination for Aboriginal peoples is affirmed in the United Nations Declaration on the Rights of Indigenous Peoples and endorsed by the Australian Government. Services should be co-designed with the local Aboriginal community to ensure that their cultural knowledge, values and beliefs are embedded in service offerings, and that community support needs are addressed. Services should seek feedback from Aboriginal clients on their experience of receiving support and feelings of empowerment. This element is reinforced by the Aboriginal-led Early Support Programs Evidence Review.
- Workforce development: culturally safe service delivery depend on a highly skilled and capable workforce. This includes recruiting, training and supporting more Aboriginal workers in the sector and providing education and training to non-Aboriginal workers so that they learn the history of Aboriginal people's experiences, develop high levels of cultural awareness and know how to deliver culturally safe and effective services.
- Whole of organisation approach: cultural safety should be embedded into the organisation's way of working and not be an add-on component of practice. This requires consideration of the policies and focus of the service, the physical location and environment, management and governance systems, human resources, and organisational processes such as data collection.
- Leadership and partnership: organisational leaders are responsible for embedding cultural safety within organisational governance, strategic planning and program implementation, and for building long-term partnerships with Aboriginal communities and representatives. This includes building effective partnerships between the service and Aboriginal clients and communities.
- **Research, monitoring and evaluation:** research and ongoing monitoring and evaluation are foundational to culturally safe service delivery.

The <u>Aboriginal-led Early Support Programs Evidence Review</u> identified the eight features of Aboriginal-led early support programs:

- Community designed or co-designed
- Community led
- Cultural safety
- Strengths-based, culture-affirming approaches
- Trauma informed and healing focused
- Holistic, wraparound components
- Collaboration and coordination with mainstream services
- Flexible delivery

These features should be reflected in the service design and delivery of all service providers (ACCOs and non-ACCOs) working with and delivering services to Aboriginal people and communities.

This program requirement aligns with the following service system outcomes:

- Culturally safe and responsive
- Capable

Aboriginal Case Management Policy

Alignment of TEI service delivery to the <u>Cultural Safety and Wellbeing Program Logic</u> is one of the ways the TEI program is putting the <u>Aboriginal Case Management Policy</u> (ACMP) into practice. The ACMP aims to empower Aboriginal families and communities to participate in decision-making and keep children safe at home and connected to kin, community and Country.

What is expected of service providers?

All TEI service providers that are not ACCOs are expected to adopt the principles and practice elements of the <u>Cultural Safety and Wellbeing Program Logic</u> in their service design and delivery. TEI ACCOs should consider the eight features of Aboriginal-led early support programs from the <u>Aboriginal-led Early Support Programs Evidence Review</u> in their service design and delivery.

DCJ contract managers and TEI services will discuss progress during regular contract management meetings (at a minimum quarterly), and DCJ contract managers will be responsible for monitoring provider progress (see also <u>section 7</u>).

6.2.2 Supporting the cultural safety and wellbeing of culturally and linguistically diverse communities

Supporting the wellbeing of CALD children, young people, families and communities through the delivery of culturally safe and responsive services is critical to achieving positive outcomes for clients.

Program data reported in DEX highlights the high proportion of children, young people and families from CALD communities in parts of NSW. It is critical that service providers design and deliver culturally safe services to support these communities.

A culturally safe and responsive service includes:

- being curious and respectful of children, young people and family's culture, race, nationality, beliefs and strengths and the different ways these influence parents/caregivers to raise children
- being genuine in seeking to understand how culture is lived, and how individuals are connected to family, community and culture
- recognising children, young people and their parents or carers may have mixed heritage and the influence this will have on their lived experience of culture
- recognising the tension that may exist for some people whose values and choices differ from the cultural orthodoxy of their community
- developing a good working knowledge of local cultural community and multicultural services and seeking their expertise in service design and delivery
- developing knowledge of cultural norms around gender roles, parenting practices and the perceptions of child development
- acknowledging culture as a source of strength, protection and resilience for families when managing worries or risks
- recognising and being respectful of the different lived experiences and values of children, young people, families and communities, including the traumatic experiences associated with war, persecution, natural disasters and other reasons for displacement
- adapting communication to the context and dynamics of the families to enable culturally safe discussion about child development and child safety in an Australian context

- recognising the unique challenges associated with resettling in a new country
- supporting community-led strategies that provide culturally appropriate and accessible information about safety and wellbeing.

This program requirement aligns with the following service system outcomes:

- Culturally safe and responsive
- Capable
- Person and community centred

6.2.3 Free and accessible services

TEI services are available at no cost to the client and there are no eligibility criteria to access TEI services.¹⁰ The TEI program is designed to be delivered flexibly in response to client needs. This includes delivering services to people on various visa types.

Service providers will ensure services are delivered in accessible locations and actively work to overcome barriers to client access. Potential barriers could include:

- logistical barriers (e.g. service locations and access to transport options)
- physical barriers (e.g. inaccessible buildings and facilities)
- language and cultural barriers
- psychological barriers.

It is important to consider the physical location and environment of service delivery, removing any potential stigma and ensuring the service is culturally safe for Aboriginal families.

Other examples of ways to increase accessibility include:¹¹

- **providing services in central locations:** ensures activities are available to a large amount of people and close to public transport.
- **providing services in spaces clients already access:** for example, the local GP or hospital. This removes the need for clients to find the service.
- **providing safe and comfortable spaces for diverse client needs:** for example, quiet zones and sensory rooms, prayer rooms, accessible toilets.
- **providing child care:** enables people with caring responsibilities to participate in activities and receive the services they need.
- **providing transportation:** includes pick up and drop off for clients or providing a bus or carpool service. It could also include providing clients with vouchers for public transport, taxis and so on.
- offering services in multiple languages and translated resources: enables clients who speak or read languages other than English to access to the same resources. Practitioners who speak the same languages as clients can foster positive relationships.
- **providing services online (where possible and appropriate):** removes any geographical or transport barriers clients may face.

¹⁰ The Family Connect and Support (FCS) program has suitability criteria. See <u>section 3.3</u> for further information.

¹¹ Preventing Child Maltreatment Evidence Review Flexible Activity – <u>Removing Barriers to Participation (DCJ Evidence Portal)</u>.

Clients should have information about the service or centre and what to expect before they access it. This will help address any concerns and encourage them to access it. Services should provide detailed information in their promotional materials and websites, such as accessibility features, opening hours, services and activities offered, staff languages spoken, complaint handling and client feedback processes, transport options and so on.

This requirement aligns with the following service system outcomes:

- Flexible and responsive
- Person and community centred

6.2.4 Flexible timeframes

There is no specific time limit on the duration a service provider in the Community Strengthening and Wellbeing and Safety program activities can work with a client (unless specifically negotiated in their contract). Services and supports are designed to focus on achieving the client's needs and goals and tailored to their needs and unique circumstances, rather than requiring them to fit into set timeframes.

Service providers should work with clients as long as required to achieve positive outcomes.

There is a timeframe for the FCS program activity: clients can receive FCS services for a maximum of six months. See <u>section 3.3</u> for further detail.

This program requirement aligns with the following service system outcomes:

- Flexible and responsive
- Person centred

6.2.5 Effective engagement and assessment

Effective engagement is fundamental to ensuring clients stay engaged with a service until they have achieved their goals or their needs have been met.

All service providers should engage clients using practices that emphasise listening and developing trust, breaking down participation barriers and delivering services flexibly to meet client needs.

Engagement is one of the five core components from the <u>Preventing Child Maltreatment Evidence</u> <u>Review</u> (see <u>section 3.3</u>). As engagement is relevant to all TEI program activities, service providers must use the core components evidence to inform their engagement practice. Further information on core components evidence is available on the <u>Evidence Portal</u>.

The <u>Common Assessment Tool (CAT)</u> has been designed for use by practitioners conducting comprehensive assessments with clients and families in the TEI program. The CAT guides practitioners in holistic, strengths-based assessment of family strengths and needs based on all domains of a family's life, and also provides advice about engaging with families in respectful and safe ways – for example, when discussing family violence.

Where a comprehensive assessment is required, service providers should use the CAT or another suitable assessment tool.

Assessment tools used in TEI support practitioners to identify and respond to signs of family violence.

This requirement aligns with the following service system outcomes:

- Strengths based
- Flexible and responsive
- Capable
- Person and community centred

6.2.6 Identifying and responding to family violence

Family violence is prevalent in the community and impacts not only victim-survivors but also children and young people in their care. Victim-survivors and their children may access services from all TEI program activities, noting that family violence may not be their main reason for seeking help. Service providers must understand the differing roles that they can play in supporting victim-survivors at individual, family and community levels. This may include keeping them safe from immediate harm and supporting their ongoing wellbeing and recovery. For example:

- Family capacity building can support safety planning and referrals to specialistic services.
- Education and skills training can include activities that promote the development of respective relationships and address unhealthy gender-based attitudes.

TEI practitioners will maintain awareness and understanding of the nature and cycle of family violence, including coercive control. TEI providers must ensure a sensitive approach to engaging and supporting victim-survivors and their children and use assessment tools to identify and respond to indicators of family violence.

TEI services will have a sound working knowledge of specialised family violence services and referral pathways within their local area and nearby communities. Where possible and appropriate, TEI services will make referrals for perpetrators of violence to accredited behaviour change and specialist programs.

This requirement aligns with the following service system outcomes:

- Strengths based
- Flexible and responsive
- Collaborative
- Person and community centred

6.2.7 Referral pathways and sector collaboration

Clients may be referred to a TEI service provider in a number of ways:

- Self-referral
- DCJ referral
- Community referral
- Child Wellbeing Unit referral

• Referral from other professionals or service providers

Children, young people and families are better supported in their local service system when there is strong collaboration between services. Providers should work closely and collaboratively with other child and family services (including those funded or provided by other NSW and Australian Government agencies), Child Wellbeing Units and more intensive, multidisciplinary and specialist services (including services working with perpetrators of family violence) to ensure families can access timely and culturally appropriate services and referrals at the right time to meet their needs.

Education, advocacy and capacity building are also key to the referral process. Service providers should build and maintain strong relationships with other local services, educate them about their service and upskill each other about local referral pathways.

Where appropriate, service providers are encouraged to attend and participate in various networking and information sharing events and groups (e.g. local interagency groups, community of practice groups, TEI governance committees) to share information, build relationships and collaborate.

These formal and informal collaborative partnerships and activities will continuously improve supported referral pathways, connections and sector capacity building within the local community and service system.

Note: responsibility for coordination and facilitation of interagency groups will be contracted in the program specifically under the Community Strengthening program activity.

This requirement aligns with the following service system outcomes:

- Flexible and responsive
- Collaborative

Referrals to universal early years services

Service providers in the TEI program play an important role in addressing barriers and improving a child's access to universal early years services, such as early childhood education (ECE) and health and developmental checks.

Research shows that children who attend ECE are significantly less likely to be developmentally vulnerable when they start school.¹² Children experiencing high levels of disadvantage face more barriers to accessing early childhood education and care and are therefore less likely to attend, despite being the most likely to benefit.¹³ These children are also less likely to have access to health and development checks, missing the opportunity to identify and address health issues early.

Where appropriate, service providers should consider opportunities in their program design and delivery to support children's and families' access and participation in early years services such as ECE and their access to health and development checks. This includes identifying and removing barriers for children and families and working with local services including ECEs to develop and strengthen referral pathways. This will enable children to benefit from the educational, social and health benefits of early years services.

¹³ Government of South Australia. (2023). Royal Commission into Early Childhood Education and Care Report. <u>https://www.royalcommissionecec.sa.gov.au/__data/assets/pdf_file/0009/937332/RCECEC-Final-Report.pdf</u>

¹² Molloy, C., Quinn, P., Harrop, C., Perini, N., & Goldfeld, S. (2019). Restacking the odds – Communication summary: Early childhood education and care: An evidence-based review of indicators to assess quality, quantity, and participation.

7. Performance and outcome measures

DCJ funded programs must align to the NSW Human Services Outcomes Framework.

The NSW Human Services Outcomes Framework (<u>Appendix B</u>) provides a way to understand and measure the extent to which DCJ makes a long-term positive difference to people's lives and enables us to build evidence of what works in improving wellbeing.

The NSW Human Services Outcomes Framework contains the following elements:

- Clearly defined desired outcomes for DCJ clients and populations.
- Evidence of the services and supports needed to achieve the desired outcomes.
- Data collection and analysis to report the extent to which those outcomes are being achieved.

Service providers should refer to the TEI Program Client Outcomes Framework (<u>Appendix C</u>) and TEI Program Logics (<u>Appendix A</u>), which identify specific client and system outcomes for the TEI program.

Service providers will be contracted to achieve specific TEI client outcomes for target groups. These outcomes will be measured in DEX.¹⁴

Organisations delivering the community sector coordination service type will be contracted to achieve TEI Service System Outcomes, rather than client outcomes. These outcomes will be measured outside of DEX.

All service providers must align their service delivery with the TEI Service System Outcomes and the program requirements. The <u>Culturally Safe and Responsive service system outcome</u> and corresponding program requirement <u>Supporting the cultural safety and wellbeing of Aboriginal people</u> will be monitored by DCJ Commissioning and Planning teams during regular contract management meetings.

8. Reporting and data collection

8.1 Data Exchange (DEX)

All service providers must collect and report data through the Data Exchange (DEX) in accordance with <u>The Data Exchange Protocols</u> and <u>Program specific guidance for Government of New South Wales</u> <u>programs</u>. All service providers must participate in the DEX 'partnership approach', which includes reporting on an extended dataset and recording client and community outcomes through the Standard Client / Community Outcomes Reporting (SCORE).¹⁵

The main focus of the partnership approach is collecting information about the outcomes achieved by clients as a result of service delivery. The partnership approach also includes some extended data items that provide additional information about client demographics, needs and circumstances.

Service providers must have systems in place to meet data collection and reporting obligations.

Performance information such as client characteristics and service delivery must be collected by each service provider and reported into the DEX portal either directly, by system-to-system transfer or by bulk XML file upload.

The performance information reported through DEX includes:

- client identity characteristics (given and family names, date of birth, gender and residential address)
- client demographic characteristics (Indigenous status, cultural and linguistic diversity, and disability status, impairment or condition)
- service delivery information (outlets, cases, sessions)
- client or community/group outcomes data.

DEX has two standardised six-monthly performance reporting periods, from 1 July to 31 December and from 1 January to 30 June, with a 30-day close-off period after each. Data reporting is ongoing, but once the 'closing period' is complete, no further changes can be made to the data.

Reporting system	Reporting period	Data entry frequency
Data Exchange	year	Ongoing – all data to be entered or uploaded into system 30 days after each reporting period.
Data Exchange	1 January – 30 June each year	Ongoing – all data to be entered or uploaded into system 30 days after each reporting period.

Information must be provided in accordance with the Data Exchange Protocols.

8.1.1 DCJ reporting requirements

Service providers can enter data at any time within a reporting period, and DCJ requires them to do so regularly – at least quarterly. Quarterly reporting allows for more effective and informed monitoring and improvement.

Service providers can transfer their data to DEX in one of three ways:

• system to system transfer

¹⁵ Community sector coordination activities do not need to be reported in DEX.
- bulk XML file upload
- direct manual entry into the DEX web-based portal.

Service providers can access to their own set of reports in DEX which reflect the information they have submitted. Additional reports will be available to service providers as participants in the partnership approach.

Service providers must ensure that adequate financial and operational records are kept and maintained during the term of their contract.

Organisations delivering community sector coordination activities are **not** required to report on them in DEX.

Service providers must also comply with the data collection and reporting practices outlined in the <u>TEI</u> <u>Data Collection and Reporting Guide</u>.

8.2 Indigenous Data Sovereignty and Governance

The TEI program is committed to the principles of Indigenous Data Sovereignty and Indigenous Data Governance. Indigenous Data Sovereignty refers to the right of Indigenous peoples to exercise ownership over Indigenous data. Ownership of data can be expressed through the creation, collection, access, analysis, interpretation, management, dissemination and use of Indigenous data.

Indigenous Data Governance refers to the right of Indigenous peoples to autonomously decide what, how and why Indigenous data are collected, accessed and used. It ensures that data on or about Indigenous peoples reflects Indigenous priorities, values, cultures, worldviews and diversity.

8.2.1 Indigenous Data Sovereignty Principles

Indigenous peoples have the right to:

- exercise control of the data ecosystem, including creation, development, stewardship, analysis, dissemination and infrastructure
- data that is contextual and disaggregated (available and accessible at individual and community levels, and by Aboriginality)
- data that is relevant and empowers sustainable self-determination and effective selfgovernance
- data structures that are accountable to Indigenous peoples and Aboriginal peoples
- data that is protective and respects their individual and collective interests.¹⁶

The <u>TEI website</u> has a number of resources to help service providers explain to clients where the data will be stored, who will have access to it and what it might be used for.

Aboriginal service providers in the TEI program currently have access to **all** data collected and reported by their organisation and can access and share that data with their stakeholders and community at any time. TEI program data at a state and local government area level are also currently publicly available through the <u>TEI</u> and <u>FCS dashboards</u>.

The aim is for Aboriginal TEI service providers to:

- be engaged and lead in decision-making about data
- have the opportunity to give feedback that is valued and recognised by DCJ

¹⁶ Developed by the Maiam nayri Wingara Indigenous Data Sovereignty Collective.

- lead localised data development activities that are useful for community to enhance data collection
- generate genuine opportunity for greater authority to manage, govern and own data routinely collected
- build capability and expertise to collect, manage and store data effectively.

TEI will continue to support and work with service providers to support Indigenous Data Sovereignty and Governance that meets the needs of local communities. The TEI program will ensure ACCOs:

- engage with their local communities to identify local priorities for data collection and drive community-led initiatives that support self-determination through community decision-making
- have the resources to develop their own data collection and storage
- generate data sharing protocols that build on service provider capacity to advocate for the service systems their communities require (e.g. share of associated datasets)
- build technical capability to collect, analyse and report data
- use data to highlight strengths and capacity building perspectives opposed to risks and gaps
- have the skills to understand the information in DEX reports, where TEI program data supports local priorities and needs.

By empowering Aboriginal service providers to be custodians of their data, data will provide a more meaningful and accurate representation of the outcomes clients and communities achieve.

Further guidance on Indigenous Data Sovereignty and Governance and its practical application to services in the TEI program is available on the <u>TEI website</u>.

8.3 Qualitative data reporting

Qualitative data collection is optional in the TEI program and may be reported to DCJ contract managers outside DEX in a format that best suits the service provider, such as annual reports, photos, stories and discussions during meetings.

Qualitative data can be used to tell the story behind the data reported in DEX by providing important insights into clients' unique experiences and the impact of services. The TEI program recognises the value of qualitative data gathered through client perspectives and feedback to inform an evidence-informed approach, and for designing and delivering effective services that meet client need. Qualitative data such as narratives, case studies, storytelling and yarning circles are often the preferred way for Aboriginal people and communities to engage and demonstrate outcomes. Wherever possible, qualitative feedback should be linked to the TEI Client Outcomes (Appendix C) and the Outcomes for Aboriginal people in the TEI program (Appendix D). This will help to demonstrate how lived experience and the impact of TEI services support the quantitative data.

It is recommended that service providers only collect qualitative data if they:

- have somewhere safe to store the data (qualitative data cannot be stored in DEX)
- have the capacity to analyse the data
- will use the data to better understand client needs and outcomes
- will use the data to improve service delivery and design.

Service providers should ensure that ensure their practices for collecting, using and disclosing clients' personal and health information complies with privacy legislation. Clause 18 of the Human Services Agreement – Standard Terms includes service providers' obligation to comply with the following Acts and any codes of principles and practice issued under those Acts.

- Privacy and Personal Information Protection Act 1998 NSW (PPIP Act)
- Health Records and Information Privacy Act 2002 (HRIP Act)
- Privacy Act 1988.

The TEI program area will work to support qualitative data collection and reporting, particularly to ensure it is culturally safe and responsive.

8.4 Other reporting

8.4.1 Cultural safety and wellbeing reporting

Supporting the wellbeing of Aboriginal children, young people, families and communities is a critical requirement of the program. Service providers must report on their progress to deliver culturally safe and responsive services.

DCJ contract managers and service providers will discuss examples of how service providers are using the principles of the <u>Cultural Safety and Wellbeing Program Logic</u> in practice during regular contract management meetings, at a minimum quarterly.

See section 6.2 for further detail.

8.4.2 Program logics

Service providers must have a program logic in place and review this annually with their DCJ contract manager. This will ensure that all program logics are an accurate representation of the service provider's activities, and reflective of the needs of the community. It is also recommended that service providers periodically review their program logic to ensure continuous quality improvement. Service providers must review their program logic at least annually and/or when there is a contract variation or when service delivery changes.

8.4.3 Community Sector Coordination reporting tool

Community sector coordination activities (under Community Strengthening) data is reported outside of DEX. DCJ has developed a Community Sector Coordination reporting tool template (previously known as the 'optional reporting tool') for organisations who deliver these activities.

See the TEI Data Collection and Reporting Guide. for more information about the reporting tool,

9. Notified policies and standards

All service providers must be familiar with and comply with following policies and standards:

- Funded Contract and Management Framework
- NSW Interagency Guidelines
- NSW Practice Framework
- Child Safe Standards
- Aboriginal Case Management Policy

Policies change from time to time. Service providers must ensure that they are referencing the latest version.

Appendices

Appendix A: Program Logics

Please note: Each program logic should be read in conjunction with the TEI Program Specifications.

Cultural Safety and Wellbeir	ng Program Logic ¹⁷			
CURRENT SITUATION	EVIDENCE	ACTIVITIES AND SERVICES	OUTPUTS	THEORY OF CHANGE
 Aboriginal and Torres Strait Islander children are overrepresented at multiple points along the child protection continuum.¹⁸ Aboriginal and Torres Strait Islander children are significantly overrepresented in Out-of-Home Care (OOHC).¹⁹ Aboriginal children make up 42% of children in OOHC but represent just 5.9% of the total child population in Australia.²⁰ Under the National Agreement on Closing the Gap, there is a commitment from government to reduce the rate of overrepresentation of Aboriginal and Torres Strait Islander children in OOHC by 45% by 2031.²¹ If current conditions are maintained, it is projected that the number of Aboriginal children reported at risk of significant harm (ROSH) and the rate of Aboriginal children in OOHC per 1,000 population will continue to grow.²² Anecdotal evidence suggests that Aboriginal or Torres Strait Islander children in OOHC have often 	Gamarada Universal Indigenous Resources Pty Ltd and the Social Policy Research Centre conducted an evidence review to identify activities, practices or principles that ensure the cultural safety and wellbeing of Aboriginal children, young people, families and communities in early intervention services. This <u>Cultural Safety and</u> <u>Wellbeing: Evidence review</u> , conducted in 2021, identified <u>six</u> <u>critical elements</u> of culturally safe service delivery for the early support sector: 1. Recognising the importance of <u>culture</u> Culture is integral to a sense of identity as the First Peoples of Australia, and being connected to culture is a protective factor for Aboriginal children, young people and families. This is why culturally safe service delivery begins with understanding the importance of culture in the lives of Aboriginal peoples. 2. Self-determination Self-determination for Indigenous peoples is affirmed in the United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP) and	 The six critical elements described in the <u>Cultural Safety and</u> <u>Wellbeing: Evidence review</u> will help to ensure the delivery of culturally safe and responsive services for Aboriginal children, young people, families and communities, and may be implemented in different ways to account for the diversity of service providers, service offerings and clients. These critical elements can be tailored to the local needs of communities; the individual preferences of clients; and availability of service system resources (including referral pathways). Each critical element has flexible activities that describe different ways it can be implemented, as follows: 1. Recognising the importance of culture Flexible activities: Acknowledge Aboriginal and Torres Strait Islander peoples as the traditional owners of the lands and waters of Australia. Mark organisational spaces and services as valuing First Nations cultures and welcoming to Aboriginal and Torres Strait Islander clients by displaying for example Aboriginal signage and artwork; incorporating Aboriginal history, language, stories and songs into services where appropriate. 2. Self-determination Flexible activities: 		Lack of cultural safety, ra fear are the main barriers accessing essential service Supporting the wellbeing Aboriginal children, young families and communities the delivery of culturally services is critically impor achieving positive outcom clients. The delivery of all the foll critical elements by service providers will help to achi delivery of culturally safe services for Aboriginal ch young people, families an communities: 1. Recognising the im of culture 2. Self determination 3. Workforce develop 4. Whole of organisat approach 5. Leadership and pai 6. Research, monitori evaluation.

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Australian Government. (2020). National Agreement on Closing the Gap. https://www.closingthegap.gov.au/national-agreement Davis, M. (2019). Family is Culture: Independent review of Aboriginal Children and young people in OOHC in NSW. https://www.familyisculture.nsw.gov.au/__data/assets/pdf_file/0011/726329/Family-Is-Culture-Review-Report.pdf_ Department of Communities and Justice (DCJ). (2022). Aboriginal-led Data Sharing. Child Protection and Out of Home Care Dashboard. https://public.tableau.com/app/profile/dcj.statistics/viz/Aboriginal-ledDataSharingChildprotectionandOutofhomecareDashboard/Aboriginal-

LedDataSharingChildprotectionandOutofhomecareDashboard?publish=yes Liddle, C., Gray, P., Burton, J., Prideaux, C., Solomon, N., Cackett, J., Jones, M., Bhathal, A., Corrales, T., Parolini, A., Wu Tan, W., & Tilbury, C. (2021). Family Matters Report 2021: Measuring trends to turn the tide on the over-representation of Aboriginal and Torres Strait Islander children in out-of-home care in Australia. <u>https://www.familymatters.org.au/wp-content/uploads/2021/12/FamilyMattersReport2021.pdf</u> Department of Communities and Justice (DCJ). (2022). Aboriginal-led Data Sharing, Child protection and out of home care Dashboard.

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19 Ibid. Davis (2019). Family is Culture.

21 Australian Government. (2020). National Agreement on Closing the Gap.

²² Liddle et al. (2021). Family Matters Report 2021.

Program Specifications | Targeted Earlier Intervention (TEI) Program

E	SERVICE SYSTEM OUTCOMES
racism and ers to rvices. Ing of ung people, es through ly safe portant for omes for	Cultural Safety and Wellbeing TEI services are culturally safe and inclusive.
ollowing rvice chieve the afe TEI children, and	
importance on lopment sation	
partnership oring and	

²⁰ Australian Institute of Health and Welfare. Child protection Australia 2020–21.

not received earlier interventions to keep them safely at home.²³

Longitudinal research conducted by Dr B J Newton on the rate of restoration for Aboriginal children indicated that of the 1018 Aboriginal children in the study, 15.2% were restored, while around 40% of children entered OOHC following just one (or no) substantiated ROSH reports.24

Barriers for Aboriginal and Torres Strait Islander people accessing support earlier include fear of child removal through seeking support.²⁵ To overcome this, culturally safe services are required to be delivered by early support service providers.

endorsed by the Australian Government.

3. Workforce Development

Culturally safe service delivery is dependent upon a highly skilled and capable workforce. For practitioners working in child protection and early intervention, this requires both clinical and/or skill-based competence, as well as cultural competence. The literature indicates that this can be achieved through two key strategies:

- Recruiting, training and supporting more Aboriginal workers in the sector; and
- Providing education and training • to non-Aboriginal workers so that they learn the history of Aboriginal people's experiences with the welfare system; develop high levels of cultural awareness and appreciation; and know how to deliver culturally safe and effective services.

4. Whole of organisation approach

Cultural safety is the responsibility of the whole organisation, not just of practitioners. As asserted in the recently released National Principles for Child Safe Organisations, applying cultural safety across all levels of the organisation is a way of addressing the racism and discrimination that still exists across the health and human service systems today, and that often leads to a reluctance on the part of Aboriginal people to seek help.

5. Leadership and Partnership

Organisational leaders are responsible for embedding cultural safety within organisational governance, strategic planning, and program implementation, and for building long-term partnerships with Aboriginal communities and representatives. Embedding cultural safety into all aspects of an organisation relies upon building effective partnerships between the service and Aboriginal clients and communities. Such partnerships ensure that program offerings can meet local community

- Cultural safety initiatives are directed and guided by Aboriginal and Torres Strait Islander practitioners and others with local cultural expertise and/or authority.
- Co-design services with the local Aboriginal community to ensure that their cultural knowledge, values and beliefs are embedded in service offerings, and that community support needs are addressed.
- Seek feedback from Aboriginal clients on their • experience of receiving support and feelings of empowerment.

3. Workforce Development

Flexible activities:

- Recruit Aboriginal staff and volunteers and actively support them through ongoing training, mentoring and career progression strategies.
- Provide all staff with ongoing cultural safety training and reflection opportunities to provide them with the skills and knowledge required to engage safely and competently with Aboriginal children, families and communities.

4. Whole of organisation approach

Flexible activities:

- Conduct a cultural safety audit of organisation (governance, mission, management, staff, partnerships, service offerings/programs, information management/data collection) to identify any workplace deficiencies and/or gaps in services.
- Respond to audit findings by developing and • implementing cultural safety action plans to address identified issues.
- Develop services that are known to be culturally safe and • implement new services according to cultural safety guidelines.

5. Leadership and Partnership

Flexible activities:

- Organisational leaders make a commitment to improving the long-term outcomes of Aboriginal and Torres Strait Islander children, young people, families and communities through prioritising their participation in accessible, high-quality early support that is trauma informed and culturally safe and targeted to the specific needs of the client.
- Organisational leaders commit to enhancing the cultural safety of clients and actively model cultural safety expectations and behaviours for all staff.

²⁵ Davis (2019). Family is Culture.

²³ Davis (2019). Family is Culture.

Newton, B.J., Katz, I., Gray, P., Frost, S., Gelaw, Y., Hu, N., Lingam, R., & Stephensen , J. (2024). Restoration from out-of-home care for Aboriginal children: Evidence from the pathways of care longitudinal study and experiences of parents and children. Child Abuse and Neglect, March, no. 149:106058. doi: 10.1016/j.chiabu.2023.106058. Epub 2023 Feb 10. PMID: 36775773.

needs, and be informed by Aboriginal worldviews, as well as local expertise and knowledge.

6. Research, monitoring and evaluation

Research, and ongoing monitoring and evaluation is identified in a number of policy frameworks as foundational to culturally safe service delivery.

- Recognise sectoral and organisational leaders of cultural safety and highlight their activities and share best-practice initiatives across the sector and organisation.
- Organisational leaders to adequately fund investment and resourcing for cultural safety initiatives and related service improvements including ongoing staff training and reflection, and conduct of a cultural safety audit.
- Seek, establish and maintain meaningful partnerships with local Aboriginal and Torres Strait Islander communities to support ongoing communication and the provision of services that address local needs.

6. Research, monitoring and evaluation

Flexible activities:

- In consultation with Aboriginal staff and community representatives, co-design indicators of cultural safety for Aboriginal children and families accessing services, as well as mechanisms to collect data to assess if cultural safety outcomes are being achieved.
- Undertake assessment activities or evaluations of staff cultural safety training programs to determine their effectiveness in increasing staff knowledge, changing attitudes, and ability to deliver culturally safe programs and care. This should be done on an ongoing basis. Support knowledge transfer and the development of evidence-based sectoral practice by sharing examples of organisational and program success within your organisation.



Community Strengthening Program Logic

CURRENT SITUATION	EVIDENCE	ACTIVITIES AND SERVICES	OUTPUTS	THEORY OF CHANGE
 Target group: children, young people, families and communities, in particular: Aboriginal children, young people, families and communities; O-5 year olds; Children and young people at risk of disengagement from school, family and community; Young parents with known vulnerabilities or who are experiencing a number of hardships; Children and young people affected by a mental health condition/s. Vulnerable children, young people, families and communities experience a number of challenges, which can be compounded by lack of support services and community infrastructure. Further, over the past few years, communities have been impacted by floods, bushfires, COVID-19 and cost of living increases. In 2021, the national percentage of children developmentally vulnerable in one or more domains increased from 21.7% in 2018 to 22.0% in 2021. The percentage of children who were developmentally vulnerable in two or more domains also increased from 11.0% in 2018 to 11.4% in 2021²⁶. Social isolation and loneliness are among many factors that can be detrimental to a person's wellbeing. An increasing number of people aged 15-24, especially females, have reported experiencing loneliness since 2012. Social isolation has been increasing across all age groups for decades²⁷. Aboriginal and Torres Strait Islander people's strong connection to family, land, language and undividual wellbeing. This is integral to efforts to close the gap²⁸. A 2023 report mapping disadvantage in NSW estimates in 2021-22 there were more than 995,000 people in NSW living with significant economic disadvantage – below the poverty line²⁹. Other challenges include mental health, family violence, high unemployment rates and LGAs 	 Strong community wellbeing is critically important for helping children, young people and families thrive, especially when they are experiencing, or at risk of experiencing, vulnerability. <u>Five critical elements</u> are common across the evidence that contribute to increased community wellbeing for vulnerable children, young people and families: 1 Inclusive and genuine co-design and partnership: building authentic partnerships with community that work towards community ownership while also ensuring that the diverse voices of the community are represented. 2. Leveraging strengths and building capacity: initiatives that are both strengths based and actively building community capacity. 3. Creating safe and effective spaces: spaces that are safe and accessible to everyone to allow for the effective engagement of diverse community members. 4. Intersectional and safe approaches: incorporating an understanding of how the different aspects of a person's identity (e.g. gender, ethnicity, disability) can expose them to overlapping and intersecting forms of discrimination and marginalisation to allow for the delivery of a more integrated, safe and holistic suite of services. 5. A whole system approach: interventions that are part of a whole system approach that interconnects multiple community cohorts and agencies. (DCJ Evidence Portal: Community Strengthening Evidence Review). The <u>5th critical element</u> also provides evidence supporting community sector coordination activities. A synthesis of elements of best practice in youth work include: connectivity: development of programs and services that are long term, sustainable and relationship based, birthed and sourced from within the community 	The Community Strengthening program activity encompasses activities aimed at facilitating greater community cohesion, inclusion and wellbeing, and empowerment of Aboriginal communities. Community Strengthening activities seek to maximise social engagement, as well as provide social supports to ensure greater opportunities for both individuals and families within the community, as well as the community as a whole, through: • Advocacy and support • Community engagement • Community sector coordination • Education and skills training • Facilitating employment pathways • Information, advice and referral • Indigenous advocacy/support • Indigenous community engagement • Indigenous healing activities • Social participation	As per contracted deliverables.	 The evidence shows that the following critical elements positive impact on community wellbeing outcomes: 1. Inclusive and genuine of and partnership 2. Leveraging strengths a building capacity 3. Creating safe and effect spaces 4. Intersectional and safe approaches 5. A whole system approating trust, and access to resource services that allow individu their communities to flourise fulfil their potential. Community can be critically important for helping childs people and families thrive, when they are experiencing of experiencing, vulnerabilit thrive, children and young preed protective factors suce relationships with supportive safe environments and place and high-quality social, emand educational learning experiences. The presence of more than protective factor can reduce a child's development and place and families by reduce factors and increasing protefactors within the communities of a community engagement and evelopment approaches of as a relational process at a are effective at improving of for children, young people, and communities.

²⁶ Australian Early Development Census. (2022). Findings from the AEDC. https://www.aedc.gov.au/early-childhood/findings-from-the-aedc

Program Specifications | Targeted Earlier Intervention (TEI) Program

CLIENT OUTCOMES

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and occurring a local level g outcomes le. families

Social and Community

- increased participation in community events
- increased sense of belonging to their community
- increase in formal and informal networks

Empowerment

• increased client reported selfdetermination

Education and Skills

• increased school attendance and achievement

Economic

• sustained participation in employment

Safety

• reduced risk of entry into the child protection system

Health

- improved health of children and young people
- improved parental health

Home

• sustained safe and stable housing

Service System Outcomes

- strengths based
- flexible and responsive
- culturally safe and responsive
- capable
- collaborative
- person centred and community centred
- evidence informed.

²⁷ Australian Institute of Health and Welfare. (2023). Australia's welfare 2023 data insights, catalogue number AUS 246. https://www.aihw.gov.au/reports/australias-welfare/australias-welfare-2023-data-insights/contents/social-isolation-loneliness-and-wellbeing National Indigenous Australians Agency. Culture. <u>https://www.niaa.gov.au/indigenous-affairs/culture-and-capability#introduction</u>
 NSW Council of Social Services. (2023). Mapping economic disadvantage in New South Wales. <u>https://www.ncoss.org.au/policy-advocacy/policy-research-publications/mapping-economic-disadvantage-in-nsw/</u>

with low socio-economic ranking on the SEIFA index³⁰.

If these issues are not addressed, disadvantage in communities is expected to become further entrenched. Children in these families are likely to be negatively impacted which may result in poor developmental, educational and social outcomes.

Community development has positive outcomes for children, young people and families. This includes increasing:

- parenting skills;
- parental confidence; •
- self-awareness and confidence;
- visits to health professionals and other • services:
- knowledge and understanding of money management;
- employment; •
- re-engagement with education³¹. •

Community development has also been shown to decrease:

- injury and suicide rates;
- low literacy levels;
- alcohol related hospitalisation;
- crime rates³².

Family violence

In addition to providing support and resources to families impacted by family violence, Community Strengthening service providers have a role in the prevention of family violence by addressing the known root causes and drivers (e.g. patriarchal norms, sexist and violence-supportive peers, masculine attitudes, and violence-supportive settings and contexts). Community mobilisation and strengthening are a key technique in prevention of family violence.

Community-led approaches:

- enhance community knowledge and understandings of the prevalence, drivers and different forms of family violence;
- foster a shared commitment to ending family violence including through increased connection between community members who already support gender equality³³.

- strengths-based approach: embracing notions of independence and autonomy among services for young people
- capacity building: ability to build capacity in terms of staff professional development, effective research, evaluation and information gathering and sharing, and leadership in the area of governance and management
- contextual and systemic considerations: consideration of macro-contexts including economic, political and social and cultural factors.

(DCJ Evidence Portal: Agency and Empowerment Evidence Review).

Community Sector Coordination

System level initiatives that promote comprehensive, protective and preventative support are key to achieving enduring change.

- 31 Snijder, M. (2017). Maldahnalanga: Integrating rigorous research and community participation in Aboriginal community-based research (PhD thesis). NDARC. University of New South Wales.
- ³² Ibid.

Australian Bureau of Statistics. (2023). Socio-economic indexes for areas (SEIFA). https://www.abs.gov.au/statistics/people/people-and-communities/socio-economic-indexes-areas-seifa-australia/latest-release

³³ Australia's National Research Organisation for Women's Safety. (2024). Lessons from implementing community-based primary prevention: An evaluation of White Ribbon Australia's 'Engaging communities in sexual violence primary prevention' project: Key findings [Fact sheet]. ANROWS.

Family Connect and Support (FCS) Program Logic

CURRENT SITUATION	EVIDENCE	ACTIVITIES AND SERVICES	OUTPUTS	THEORY OF CHAN
The number of Child Protection Helpline reports continues to rise and less than one-third of children reported at Risk of Significant Harm (ROSH) receive a face- to-face assessment ³⁴ . Reviews of the NSW child protection system between 2008 and 2019 consistently highlight that there is inadequate investment in early intervention services to support families to address their complex needs and vulnerabilities to prevent contact with statutory child protection and entries into OOHC ³⁵ . Target group: children, young people, families and communities, in particular: • Aboriginal children, young people & their families; • Children aged 0–5 years; • Children and young people at risk of disengagement from school, family and community; • Young parents with known vulnerabilities or who are experiencing a number of hardships; • Children and young people affected by a mental health condition/s. The NSW Government and Australian Government have committed to reduce overrepresentation and increase access to early intervention for Aboriginal families ³⁶ . In addition, families with vulnerable young children 0–5 and young people affected by a mental health condition have been identified as priority populations. ³⁷ Families have needs that cross government silos (e.g. economic, health, housing, education, safety) and attempts to coordinate services across agencies have failed to improve their outcomes ³⁸ . The current service system is complex and difficult to navigate, with inconsistencies in service provision and entry points across geographic locations. This makes it	Available evidence on effective and targeted early intervention can significantly impact the developmental outcomes, and in turn, life trajectories of children, families and communities. Research shows that enablers of success and specific service features of interventions include soft entry points; flexible approaches that respond to individual needs; strengths-based approaches; and community-driven and culturally appropriate design. ⁴⁰ Consultations with the child and family sector, in the FCS redesign process, highlighted the effectiveness of identifying, engaging and referring families to services before their situation escalates. The FCS model builds upon the strengths of the longstanding NSW Family Referral Services, implemented as part of the Keep Them Safe Reforms. These strengths include: * Information and advice to help families navigate the service system * Warm referrals * Brokerage funds * Assertive outreach The core component 'Engagement' is critical to preventing child abuse and neglect ⁴¹ . Engagement activities include building trust and being flexible in delivery to meet the needs of clients. How services engage with families is crucial to ensuring parents/caregivers participate and remain in a program. In the case of FCS, families' support needs are meet and they are effectively engaged and connected with the appropriate services through warm referrals. Evidence shows 'Engagement' is most effective when practitioners also:	 Proactive outreach Outreach into universal settings, home visits and cold calling to better reach families. Anyone who presents to FCS will be provided with support if they are not already engaged with the statutory child protection system. Holistic assessment Timely needs and strengths-based assessment. Whole-of-family lens, trauma informed and culturally safe. Tiered support model tailored to client needs. Timely and warm referrals Intake and referral gateway into local services and supports, with support to navigate the system. Culturally appropriate information and referrals. Advocating for client access to services, arranging services and introducing clients to the referral agency. Active outbound contact with families and/or outbound agencies to learn if family's needs have been met/whether further support is required. Active holding & flexible brokerage Check ins and support to families, including practical supports and use of brokerage, home visits, follow up with services – until a suitable service can be accessed. Brokerage funding where presenting issues can be quickly addressed through practical assistance. 	• As per contracted service deliverables	Through early access service and support can build their own to meet their goals acare for their childred achieved by increass family's knowledge of service supports that may hability to engage in services, leading to empowerment and functioning.

³⁴ Wood, Hon. J. AO QC. (2008). Report of the Special Commission of Inquiry into Child Protection Services in NSW; Tune, D. AO PSM. (2016). Independent review of out of home care in New South Wales; Donnelly, Hon. G. MLC. (2017). Inquiry into child protection in NSW; Davis (2019). Family is Culture.
 ³⁵ Ibid.

- ³⁶ National Indigenous Australians Agency. (2020). *Closing the Gap Report*; Department of Family and Community Services. (2018). *Aboriginal Outcomes Strategy* 2017–2021.
- ³⁷ Stronger Communities Investment Unit. (2018). Forecasting Future Outcomes. https://www.nsw.gov.au/sites/default/files/2023-01/Forecasting%20Future%20Outcomes%20Report%202018.pdf
- ³⁸ Tune (2016). Independent review of out of home care in New South Wales.
- ⁴⁰ Ibid.
- ⁴¹ Department of Communities and Justice (DCJ). (2022). Preventing child maltreatment: Evidence review. <u>https://evidenceportal.dcj.nsw.gov.au/evidence-portal-home/our-evidence-reviews/preventing-child-maltreatment.html</u>

Program Specifications | Targeted Earlier Intervention (TEI) Program

ANGE

CLIENT OUTCOMES

cess to ort, families on capabilities is and safely dren. This is asing a

vices and help their n appropriate to increased d family Families engage with Family Connect and Support.

Families identify their needs, through assessment considering the 8 NSW Human Services Outcomes Framework domains (economic, family relationships, education and skills, safety, home, health and empowerment).

Families are provided with culturally appropriate service information and referrals.

Families have increased knowledge of the services and supports available to them.

Families have improved resourcefulness to meet their needs.

Families are empowered to engage with services which support their needs.

Families feel heard, understood and respected when engaging with FCS.

Children are safe within their families with reduced risk of entry into the child protection system.

Families, children and young people's mental health and wellbeing are improved.

difficult for families to access the	* Build a positive relationship with	responsibility about the services
supports available to them ³⁹ .	families by fostering a trusting and caring partnership built on empathy respect and open communication, and *Actively work with families to overcome barriers to their participation ⁴² .	 with which they engage. Informal supports within the family as well as formal supports are identified and engaged in partnership with the family. Referral to a formal family group conference.
	Engagement is important in ensuring families receive referral to other support services that provide case management; parental education, coaching and modelling; parental self-care and personal development; and building supportive relationships and social networks ⁴³ .	 Whole-of-family case coordination and planning Dedicated case coordination and a single point of contact for the family. Individualised, single case plan that can move with the family. Case conferencing meetings with the family's service providers to facilitate coordination of service provision.

Their Futures Matter. (2018). Access Systems Redesign: Evidence Review. State of NSW.
 Ibid.
 Ibid.

CURRENT SITUATION	EVIDENCE	ACTIVITIES AND SERVICES	OUTPUTS	THEORY OF CHANGE
Farget group: children, young beople, families and communities n particular: Aboriginal children, young	Children need safe and supportive families to thrive and do their best when their parents are supported early to give them the best start in life and promote	The following five core components focus on reducing risk factors and enhancing protective factors for children, young people and families at risk of child abuse and neglect (including exposure to family	As per contracted service deliverables	Reducing risk factors enhancing protective associated with child neglect (including ex
 people, families and communities; 0–5 year olds; children and young people at risk of disengagement from 	optimal child development. ⁵⁵ Five core components are common across evidence-based programs that prevent child abuse and neglect, and improve parenting knowledge, skills and	violence). These components can be tailored to the local needs of communities; the individual preferences of clients; and availability of service system resources (including referral pathways and service partnerships/collaborative practice). Each core		 family violence), ensurant young people are families thrive. Wraparound and coo supports assist parent and its period.
school, family and community; young parents with known vulnerabilities or who are	behaviours: 1. Engagement	component has flexible activities that describe different ways it can be implemented.		positive parenting sk address underlying c negative parenting p
experiencing a number of hardships; Children and young people affected by a mental health condition/s.	How services engage with families is crucial to contributing positive outcomes to ensure parents/caregivers participate and remain in a program until they have achieved their goals.	 In delivering the core components, services should also reflect how they could address the unique needs of children, young people, families and communities experiencing or at risk of family violence by: undertaking comprehensive assessment of strengths and needs, and safety planning; identifying and working with children and young people as victims of family violence in their own 		 If more children and y at risk of family violer identified and suppor will reduce the risk of harm and the long-ter outcomes of family vio exposure to family vio
Child abuse and neglect is associated with a variety of adverse outcomes in both the short and long term. It can affect all domains of child development - physical, psychological,	2. Case management This includes providing wraparound and coordinated support and conducting referrals and case conferencing when necessary to	 right; identifying and working in a family-led way towards holistic goals related to safety, health, economic, education, community, and cultural needs of all family members; 		Further, fewer childre people are likely to ex perpetrate family viol adulthood, helping to intergenerational cyc violence.
emotional, behavioural and social. t also has enduring impacts that can lead to poorer outcomes later n life (e.g. in educational	meet the needs of families. It also includes facilitating family-driven goal setting and planning to ensure	 delivering a wraparound approach to case management that is therapeutic, trauma informed, and culturally safe and responsive; and providing specialised family violence referrals to address the needs of all family members 		• Engagement
attainment, health and employment).	families have a say about the support they receive.	address the needs of all family members. The core components are: 1. <u>Engagement</u>		How services engage wir crucial to ensuring they and remain in a program have achieved their goal
Family violence Family violence is one of the most common issues presenting in	3. Parental education, coaching and modelling This ensures parents have the skills	Flexible activities: • <u>Build a positive relationship</u>		safety and trust and beir delivery to meet client no critical.
child protection notifications in Australia. ⁴⁴ Children and young beople who are exposed to family	and knowledge to meet their children's needs and is crucial to behaviour change that can prevent	<u>Remove barriers to participation</u> (Service Types: All)		Working actively with far overcome barriers to par ensures families continu
violence are victim-survivors in heir own right. ⁴⁵ The presence of amily violence makes a child	child abuse and neglect. The focus of this education should be tailored to the family. It may include practical	 <u>Case Management</u> Flexible activities: Wrap around and coordinated support 		the support they need. Case Management
nore likely to experience physical and sexual abuse and all forms of neglect. ⁴⁶	advice about routines or typical infant and child behaviour. It may also include resolving family conflict	 Service utilisation and referrals Family driven goal setting and planning 		Understanding and addr needs of families is cruc improving outcomes, inc
A study found that young people who had witnessed abuse between family members and had	or practicing positive parenting behaviour. In the context of family	<u>Case conferencing</u>		providing material, emot practical support to parents/caregivers, part

Wellbeing and Safety (Children and Families) Program Logic

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CLIENT OUTCOMES

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interrupt cles of family

ith families is participate, n, until they ls. Building ng flexible in needs is

amilies to rticipation le to receive

ticularly those

mand/download_file/id/274/filename/Better-systems-better-

an-2022-2027.pdf

Safety

- reduced risk of entry into the child protection system
- increased safety from family violence and (longer term) reduced rates of family violence.

Social and Community

- nts to develop increased participation in community events
 - Increased sense of belonging to their community
 - increased client connection to supportive relationships

Empowerment

- increased client reported selfdetermination
- improved client personal wellbeing

Education and Skills

• increased school attendance and achievement

Economic

• sustained participation in employment

Health

- improved health of children and young people
- improved parental health

Home

• sustained safe and stable housing

been subjected to targeted abuse were more than 9 times likely to use violence in the home than those who had not experienced any child abuse.47

Children and adolescents who experience negative parenting practices, neglect or abuse are more likely to:

- suffer externalising problems, including aggression and engaging in crime and delinguency⁴⁸
- exhibit low self-esteem. deficits in social competency and have difficulty forming relationships with peers⁴⁹
- suffer internalising problems such as anxiety, depression, withdrawal, and posttraumatic stress disorder,⁵⁰
- engage in substance abuse. self-harm, and suicidal ideation51
- experience cognitive delays and learning difficulties and long-term deficits in educational achievement⁵²

There is great need for early intervention strategies that focus on reducing risk factors and enhancing protective factors associated with child abuse and neglect.

Parents need wraparound and coordinated supports that not only support them to develop positive parenting skills but address the underlying causes of negative parenting practices.⁵³ This requires flexible and local responsive systems that can respond early and effectively to issues and challenges.54

violence, this may also include activities that support victimsurvivors to restore their confidence in parenting, within safe, respectful spaces.

4. Parental self-care and personal development

Ensuring that parents/caregivers have their mental health, physical and personal needs met is very important. Parents may be unable to meet the needs of their children if they are struggling with their own issues. Identifying issues parents may face and working with them to address those issues can improve their capacity to build a loving and caring home environment and positive relationship with their children.

5. Building supportive relationships and social networks

Parents need supportive and positive relationships with family and friends. This provides parents with someone they can go to for advice or respite when they need it. It also ensures that children have a number of adults with their best interests at heart.

 (DCJ Evidence Portal: Preventing Child Maltreatment Evidence Review)

Additionally, these five core components also contribute to outcomes of improved: family functioning; use of support services by parents; parent relationships • Strengthen parent relationships and social support; parental mental health and reductions in parent substance use; family violence; and child medical care and reduced hospitalisations.

There is emerging evidence suggesting that therapeutic programs in response to family violence that work conjointly with

(Service Types: Family Capacity Building;)

3. Parenting education, coaching and modelling

Flexible activities:

- Family problem solving
- Newborn and infant care
- Prenatal care
- Positive parenting practices
- Child health and safety

(Service Types: Education and Skills Training; Family Capacity Building; Indigenous supported playgroups; Parenting Programs; Supported playgroups)

4. Parental self-care and personal development

Flexible activities:

- Building confidence and self-sufficiency
- Life skills development and education
- Address parental risk factors
- Counselling
- Support to cope with stress
- Anger management
- (Service Types: Counselling; Family Capacity Building; Supported Playgroups; Specialist Support)
- 5. Building supportive relationships and social networks

Flexible activities:

- Multifamily recreation activities
- Involve family and friends
- Improve parents' informal support
- (Service Types: Family Capacity Building; Indigenous supported playgroups; Mentoring/Peer Support: Parenting Programs: Supported playgroups)

in crisis or chaotic environments. Flexibility (differing levels of intensity and for short or long periods of time) of support is critical. Family-led decision making and planning ensures their needs and goals are at the centre of service

delivery and supports selfdetermination.

Developing a holistic plan to support the family can ensure they are provided with multiple and integrated supports for all family members.

Parenting education, coaching and modelling

Parenting education, coaching and modelling ensures

parents/caregivers have the skills and knowledge to meet their children's needs, including practical advice about routines or typical infant and child behaviour, and resolving family conflict or practicing positive parenting behaviours. Supporting parents to positively interact and engage with their children fosters the social, emotional and cognitive development of the

child. It can also ensure parents understand how to appropriately discipline their children, mitigating the risk of child abuse.

Parental self-care and personal development

Ensuring that parents/caregivers have their mental health, physical and personal needs met is critical to ensuring they can meet the needs of their children.

Addressing parental risk factors can ensure parents are in the best place possible to care for their children and keep them safe. It can also ensure parents have the capacity to develop their parenting skills and meaningful engage with supports that are provided.

Fitz-Gibbon, K., Meyer, S., Maher, J., & Roberts, S. (2022). Adolescent family violence in Australia: A national study of prevalence, history of childhood victimisation and impacts, Research report 15/2022, ANROWS. https://www.anrows.org.au/publication/adolescent-family-violence-in-australia-anational-study-of-prevalence-history-of-childhood-victimisation-and-impacts/

Leeb, R. T., Lewis, T., & Zolotor, A. J. (2011). A review of the physical and mental health consequences of child abuse and neglect and implications for practice. American Journal of Lifestyle Medicine, 5(5), 454–468; Maas, C., Herrenkohl, T. I., & Sousa, C. (2008). Review of research on child maltreatment and violence in youth. Trauma Violence Abuse, 9, 56-67; Sternberg, K. J., Lamb, M. E., Guterman, E., & Abbott, C. B., 2006, 'Effects of early and later family violence on children's behaviour problems and depression: A longitudinal, multi-informant perspective. Child Abuse & Neglect, 30, 283–306; Mersky, J. P., Topitzes, J., & Reynolds, A. J. (2011). Unsafe at any age: Linking childhood and adolescent maltreatment to delinquency and crime. Journal of Research in Crime and Delinquency, 49(2), 296–318.

Sanders, M., & Pidgeon, A. (2011). The role of parenting programmes in the prevention of child maltreatment. Australian Pyschologist, 46(4), 199-209.

Widom, C. S., Dumont, K. A., & Czaja, S. J. (2007). A prospective investigation of major depressive disorder and comorbidity in abused and neglected children grown up. Archives of General Psychiatry, 64, 49–56.

⁵¹ Widom, C. S., White, H. R., Czaja, S. J., & Marmorstein, N. R. (2007). Long-term effects of child abuse and neglect on alcohol use and excessive drinking in middle adulthood. Journal of Studies on Alcohol and Drugs, 68, 317–326; Yates, T. M., Carlson, E. A., & Egeland, B. (2008). A prospective study of child maltreatment and self-injurious behaviour in a community sample. Developmental Psychopathology, 20, 651–671; Afifi, T. O., Enns, M. W., Cox, B. J., Asmundson, G., Stein, M., & Sareen, J. (2008). Population attributable fractions of psychiatric disorders and suicide ideation and attempts associated with adverse childhood experiences. American Journal of Public Health. 98, 946-952.

⁵² Leeb et al. (2011); Boden, J. M., Horwood, L. J., & Fergusson, D. M. (2007). Exposure to childhood sexual and physical abuse and subsequent educational achievement outcomes. Child Abuse & Neglect, 31, 1101–1114.

53 Sanders & Pidgeon (2011).

⁵⁴ Fox et al. (2015). Better Systems, Better Chances.

mother and children are promising. Therapeutic responses can include individual counselling, group work and mother-child interventions, with the aim of strengthening parent-child attachment relationships through playbased or counselling-based therapy.56

Advocacy/case management interventions that have strong linkages with communities, and are community focused, have been found to have significant effects on mental health outcomes and access to resources for family violence survivors.57

A qualitative study commissioned by **ANROWS** into Aboriginal and Torres Strait Islander healing programs for family violence found what works in healing programs that respond to family violence is 'understanding trauma in the context of the family and the community, understanding the impacts of colonisation and intergenerational trauma, understanding people as more than just people who either use or experience violence, delivering programs in safe and familiar places, working in strengths-based and healing informed ways, engaging thoughtfully with all parties, focusing on prevention, and keeping families together.' The study also found that programs should be conceived and led by Aboriginal and Torres Strait Islander people and that trauma-aware practice was described as 'taking the whole family and wider community into consideration, and accounting for current, recent, past and intergenerational trauma.' 58

In the context of family violence this may also include activities that support victim-survivors to restore their confidence in parenting, within safe and respectful spaces.

Building supportive relationships and social networks

Supportive relationships between parents/caregivers and their families ensure that children have a number of adults with their best interest at heart. Supportive relationships also enable parents/caregivers to seek advice and respite from others when needed.

Holistic case management that recognises the impact of family violence on the whole family unit, including the extended family and kinship network, and supports this network on the pathway to healing, helps facilitate long-term positive outcomes including safety from family violence.

⁵⁶ Australian Institute of Family Studies. (2015). Children's exposure to domestic and family violence. https://aifs.gov.au/resources/policy-and-practice-papers/childrens-exposure-domestic-and-family-violence

⁵⁷ Ogbe, E., Harmon, S., Van den Bergh, R., & Degomme, O. (2020). A systematic review of intimate partner violence interventions focused on improving social support and/mental health outcomes of survivors. PLoS ONE, 15(6): e0235177. https://doi.org/10.1371/journal.pone.0235177 58 ANROWS. (2024). What works? A qualitative exploration of Aboriginal and Torres Strait Islander healing programs that respond to family violence.

Wellbeing and Safety (Young People) Program Logic

CURRENT SITUATION	EVIDENCE	ACTIVITIES AND SERVICES	OUTPUTS	THEORY OF CHANGE
 Target group: young people aged 10 - 24 transitioning from childhood to adulthood, particularly those facing disadvantage, including: Aboriginal children, young people, families and communities; Children and young people at risk of disengagement from school, family and community; Young parents with known vulnerabilities or who are experiencing a number of hardships; Children and young people affected by a mental health condition/s. Particularly vulnerable groups include people living regionally, Aboriginal children, families or communities, LGBTIQA+ people, people with disability and/or people from culturally and linguistically diverse communities, including migrants and refugees. Young people are at the life stage where they experience significant physical, emotional, psychological, cognitive and social changes. They may also face a range of challenges including increased poverty and housing insecurity, homelessness, disengagement from education and an increase in mental health issues, and cost of living increases. Family Violence Family violence is one of the most common issues presenting in child protection notifications in Australia. ⁵⁹ Children and young people who are exposed to family violence are victim- survivors in their own right. ⁶⁰ The presence of family violence makes a child or young person more likely to experience physical and sexual abuse and all forms of neglect. ⁶¹ A study found that young people who had witnessed abuse between family members and had been subjected to targeted abuse were more than 9 times likely to use violence in the home than those who had not experienced any child abuse. ⁶²	 Socioemotional wellbeing is essential for our overall health and wellbeing. Socioemotional wellbeing is a state of wellbeing that encompasses personality traits and skills that characterise a person's relationships in a social environment. Programs that seek to improve socioemotional wellbeing build behavioural and emotional strengths and the ability to adapt and deal with daily challenges and respond positively to adversity while leading a fulfilling life.⁷¹ Young people who are socioemotionally well and competent have been found to: communicate well have healthy relationships be confident perform better at school take on and persist with challenging tasks; and be resilient against life stressors.⁷² Five core components are common across evidence-based programs that foster socioemotional wellbeing in young people aged 10–24: self-concept, self-efficacy and confidence mindfulness and self-regulation prosocial skills and relationship building building motivation and monitoring behavioural change building knowledge and awareness for socioemotional wellbeing Evidence <u>Review</u>) Authentic relationships built on trust and mutual respect form the foundation of good youth work practice, together with having an 	 The following <u>five core components</u> are essential to fostering socioemotional wellbeing outcomes for young people aged 10-24. These components can be tailored to the local needs of communities, the individual preferences of clients, and availability of service system resources (including referral pathways). Each core component has <u>flexible activities</u> that describe different ways it can be implemented. Core components should reflect how service providers can address the unique needs of children, young people, families and communities experiencing or at risk of family violence by: undertaking comprehensive assessment of strengths and needs, and safety planning; identifying and working with children and young people as victims of family violence in their own right; identifying and working in a family-led way towards holistic goals related to safety, health, economic, education, community, and cultural needs of all family members; delivering a wraparound approach to case management that is therapeutic, trauma informed, and culturally safe and responsive; and providing specialised family violence referrals to address the needs of all family members. 	As per contracted service deliverables	 Young people who are socioe competent have been found to a competent have been found to a communicate well have healthy relationship be confident perform better at school take on and persist with or be resilient against life states on and persist with or be resilient against life states of family violence, and significant harm and lone of family violence and estimation and estimation and estimation of family violence and estimation and estimation and engaged learning and support activitie with their peers. Engagement building critical to establishin relationships. Building motivation and monitation and estimation and engaged learning and support activitie with their peers.

ient of a Children's Headline Indicator. Cat. no. PHE 158. 72 Ibid.

⁷⁶ Self-efficacy refers to subjective judgements of one's capabilities to organise and execute courses of action to attain designated goals (Bandura, 1977, 1997). In other words, self-efficacy relates to a person's perception of 'How well can I do something?' rather than 'What am I like?' ⁷⁷ Australian Institute of Health and Welfare. (2012). Social and emotional wellbeing: Development of a Children's Headline Indicator. Cat. no. PHE 158.

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- h challenging tasks; and stressors.77
- nd support of young people at 🔒 e, are at a reduced risk of ong-term negative outcomes l exposure to family violence, erience or perpetrate family , helping to interrupt les of family violence. A that is therapeutic, trauma important in delivering these

y and confidence

nd skills critical to dealing with cing connection to self and nomy and independence is self-concept, self-efficacy and

ulation

nd strategies for calming the and relieving stress is critical lness and self-regulation.

onship-building

- to positively interact with peers hrough fostering
- ed learning with others. Peer ities where young people learn ent with community and skillhing and maintaining healthy

onitoring behavioural change

CLIENT OUTCOMES

Empowerment

 increased client reported selfdetermination

Social and Community

- increased participation in community events
- increased sense of belonging to their community

Education and Skills

 increased school attendance and achievement

Economic

 sustained participation in employment

Safety

- reduced risk of entry into the child protection and justice systems
- increased safety from family violence and (longer term) reduced rates of family violence

Health

- improved health • of children and young people
- improved parental health

Home

Young people are at the life stage where they experience significant physical, emotional, psychological, cognitive and social changes. Exposure to family violence as well as a form of harm in itself, significantly impairs limits the ability of young people to navigate and manage these changes.⁶³ Young people may also face a range of challenges because of family violence including increased poverty and housing insecurity, homelessness, disengagement from education and an increase in mental health conditions64.

Mental health

In the period 2020–22, 38.8% of young people aged 16-24 experienced a mental disorder that lasted for 12 months or more⁶⁵. Young people aged 16-24 are more likely to have a substance use disorder than other age groups⁶⁶.

Young people have the highest rates of hospitalisation for intentional self-harm. In 2021–22, the rate for young people aged 15– 19 was 389 hospitalisations per 100,000 population, the highest of all age groups.⁶⁷

Suicide is the leading cause of death for Australians aged 15-24. In 2022, deaths by suicide represented 30.9% of all deaths in young people aged 15-17 years and 32.4% of all deaths in those aged 18-24 years⁶⁸.

School engagement and attendance

Disengagement from school can negatively impact young people's educational and employment outcomes in the future.

In 2021, approximately one in twelve secondary school students were suspended, with 32,547 short suspensions and 12,505 long suspensions issued⁶⁹.

Interactions with the justice system

Young people are more likely to have interactions with the criminal justice system than adults⁷⁰.

The social, educational, emotional, health and safety risks affecting young people make these years critical for increasing engagement and providing early supports. Strengthening protective factors and

ecological focus, encouraging personal agency, and fostering alternative possibilities.

- Many youth work interventions directly or indirectly foster empowerment and agency in young people. Rights-based approaches, and recognition of the need to give primacy to youth voice and participation in decision making are critical to empowering young people and safeguarding their rights.
- A synthesis of elements of best practice in youth work include:
- connectivity: development of programs and services that are long term, sustainable and relationship based, birthed and sourced from within the community
- strengths-based approach: embracing notions of independence and autonomy among services for young people
- capacity building: ability to build capacity in terms of staff professional development, effective research, evaluation and information gathering and sharing, and leadership in the area of governance and management
- contextual and systemic considerations: consideration of macro-contexts including economic, political and social and cultural factors.
- (DCJ Evidence Portal: Youth Work -Agency & Empowerment Evidence Review)

Culture is key when working with people whose culture is different from one's own. In practice, this requires the development of self-awareness and the ability to reflect upon one's own culture. beliefs and values. Youth work practitioners are strongly encouraged to learn about the cultures of the people they work with and about the communities where they live and practice.

This provides strategies to enable selfregulation, stress management and emotional regulation.

Prosocial skills and relationship building

Build social skills required to positively interact with peers and community members through fostering communication and engaged learning with others.

Building motivation and monitoring behavioural change

Motivate behavioural change or attitude and monitor and document behavioural changes over time.

Building knowledge and awareness for socioemotional wellbeing

Structured or unstructured learning and development activities that underpin the other core components.

And are delivered through the following service types:

- Counselling
- Education, skills training
- Information, advice and referral
- Mentoring and peer support
- Specialist support
- Youth individualised support

Motivate a behavioural chang and document behavioural cha young people to consider and behavioural choices, or to plan that promote their socioemoti

Building knowledge and awareness for socioemotional wellbeing

Structured or unstructured learning and development activities that underpin the other core components (includes activities to enable critical thinking, metacognition and self-regulation, addressing risks, promote healthy relationships, consider social norms).

Youth work interventions directly or indirectly foster empowerment and agency in young people, through a broad range of supportive practices and activities conducted with young people, across a range of different settings.

Critical to youth work practice is:

- a practice that places young people and their interests first
- alongside the young person in their context
- an empowering practice that advocates for, and facilitates a young person's independence, of their rights
- voluntary, participatory, responsive, and contextual.

Authentic relationships built on trust and mutual respect form the foundation of good youth work practice, together with having an ecological focus, encouraging personal agency, and fostering alternative possibilities.

Connectivity

Develop programs and services that are long-term, sustainable, relationship-based, birthed and sourced from within the community.

Strengths based

Embrace notions of independence and autonomy among services for young people.

Capacity building

Build capacity in terms of staff professional development, effective research, evaluation and information gathering and sharing, and leadership in the area of governance and management.

Contextual and systemic considerations

Consider macro-contexts including economic, political and social and cultural factors.

⁷⁰ NSW Bureau of Crime Statistics and Research. (2024). NSW Local Government Area excel crime tables. <u>https://www.bocsar.nsw.gov.au/Pages/bocsar_crime_stats/bocsar_lgaexceltables.aspx</u>

e or attitude and/or monitor	
anges over time. Encourage	
l change otherwise risky	
n to make healthy choices	
ional wellbeing.	

a relational practice, where the youth worker operates

participation in society, connectedness and realisation

 sustained safe and stable housing

⁶³ Ibid. 64 lbid

⁶⁵ Australian Bureau of Statistics. (2023) National Study of Mental Health and Wellbeing. https://www.abs.gov.au/statistics/health/mental-health/national-study-mental-health-and-wellbeing/latest-release#key-statistics 66

Ibid 67

Australian Institute of Health and Welfare. (2023). Suicide & self-harm monitoring: Intentional self-harm hospitalisations among young people. https://www.aihw.gov.au/suicide-self-harm-monitoring/data/populations-age-groups/intentional-self-harm-hospitalisations-among-young 68

Australian Institute of Health and Welfare. (2023). Suicide & self-harm monitoring: Deaths by suicide among young people. https://www.aihw.gov.au/suicide-self-harm-monitoring/data/populations-age-groups/suicide-among-young-people 69 NSW Department of Education. (2017). Suspensions and expulsions in NSW government schools (2005–2022). https://data.cese.nsw.gov.au/data/dataset/suspensions-and-expulsions-in-nsw-government-schools

responding to known risks and vulnerabilities will enable young people to thrive and reach their full potential.

In alignment with the rights-based approach, it is essential that young people are involved in the design of these supports and are encouraged to be active members of their community.

Every young person has different needs, goals, and desires and those may or may not relate to their cultural identity. However, there are some cultural differences that youth workers and youth work organisations should be mindful of when working with Aboriginal young people. In Western cultures, individual rights are held in high regard, however in Aboriginal and Torres Strait Islander cultures, there is a stronger emphasis on collective rights and the sharing of resources⁷³. Family and culture are central to the identity and wellbeing of Aboriginal people. Youth workers can honour these values by involving community members, family and elders in their work with youth as often as possible (with the consent of the young person).

Young people from CALD backgrounds may face unique challenges associated with feelings of displacement, recovery from trauma, discrimination, migration stress and lack of social supports⁷⁴. Conversely, young people from CALD backgrounds may benefit from protective factors that build resilience such as kinship, hopefulness and cultural identity⁷⁵. These risk and protective factors are not homogenous across all CALD youth. Consequently, youth work interventions and services targeting these cohorts must consider the individual circumstances of each young person.

• (DCJ Evidence Portal: Youth Work -Agency & Empowerment Evidence Review)

Evidence Portal: Agency & Empowerment Evidence Review)

⁷⁴ Kaur. (2014)

(The four key elements of best practice in youth work (DCJ

⁷³ Lucashenko, M. 2010. Which Wei? Values in Youth Work: A Murri Perspective. Youth Affairs Network of Queensland. http://www.yanq.org.au/uploads/1/4/1/7/14174316/values_in_youth_workmurri_perspective-1.pdf

⁷⁵ Babic, R. 2015. Working with culturally and linguistically diverse (CALD) adolescents. CFCA Practitioner

Appendix B: NSW Human Services Outcomes Framework



Appendix C: TEI Program Client Outcomes Framework

Outcon	Human Services nes Framework e Domains)	Social and Community	Empowerment	Education and Skills	Economic	Safety	Health	Home
TEI prog outcon	gram client nes	 Increased participation in community events Increased sense of belonging to their community 	 Increased client reported self- determination 	 Increased school attendance and achievement 	 Sustained participation in employment 	•Reduced risk of entry into the child protection system	 Improved health of children and young people Improved parental health 	•Sustained safe and stable housing
	gram client ne descriptions	• People are supported to feel part of the community and that they are making a contribution. For example, by participating in community events, parenting groups, and Aboriginal enterprises.	People are supported to exercise control over decisions that affect their lives. For example, through advocacy, supported referrals to relevant services or personalised training support.	 Children and young people are supported to attend and engage in school. People are supported to participate in education and develop skills. For example, through mentoring or advocacy support as well as material aid and specialist support. 	People are supported to have their basic needs met. For example, through attending education and training sessions or referral to employment agencies.	•Families and communities are supported to keep children safe. For example, through community level educational events or specific targeted supports such as drug and alcohol counselling and parenting programs.	People are supported to access and receive the health services they need. For example, through referral to health services, participation in parenting programs.	 People are supported to find or stay in safe and stable housing. People are supported to have close and healthy relationships with immediate family members. For example, through activities such as supported playgroups, parenting programs and family capacity building.
	Your contrib	oution to the TEI program clien	t outcomes will be reported a	cross the seven domains of th	ne Human Services Outcomes	Framework using the relevan	nt* short term indictors below	
	SCORE goal							
	domains			SCORE goals sit across	s all Human Services Outcomes	Framework domains		
from DSS Data Exchange	SCORE circumstance domains	Community participation & networks		Age-appropriate development Education & skills training	Financial resilience Material well-being and basic necessities Employment	 Personal and family safety 	 Physical health Mental health, wellbeing, and self-care 	Family functioningHousing
	SCORE community domains	 Group/community, knowledge, skills attitudes behaviours Organisational, knowledge, skills and practices Community infrastructure and networks Social cohesion 						
Short term indicators f	Available validated instruments**	• Personal wellbeing index Q6	•Parental empowerment and efficacy measure		•Personal wellbeing Index Q1	•Child neglect index •Personal wellbeing Index Q5	 Carers star Edinburgh postnatal de-pression scale Growth and empowerment measure Kessler Psychological Distress Scale (K10) Outcome rating scale Personal Well-being index Q2 Strengths and difficulties questionnaire 	

Appendix D: Outcomes for Aboriginal people in the TEI program

Key for columns: O Outcomes Outcome descriptions

Social and Community

Aboriginal people have an increased sense of cultural pride and community belonging through connection to Elders, culture and Country.

Aboriginal families and children are connected to Elders and community; and the wisdom and traditions of culture, language and intergenerational relationships

Increased attendance and participation in events and services that celebrate the history, diversity, culture and achievements of practiced and celebrated. Aboriginal people.

Improved health of

Aboriginal people.

Aboriginal communities have access to culturally safe, responsive and locallyinformed services that create community cohesion and support. Aboriginal communities are built through culture. Aboriginal culture is

Health

Aboriginal communities have access to culturally safe and responsive services.

Intergenerational trauma is recognised Health services support and Aboriginal-led holistic wellbeing and healing is supported. understand the intrinsic relationship between health and wellbeing.

> Wellbeing includes culture, spirituality and community connection and values these as a source of strength, resilience and healing.

Home

Aboriginal people live on Country or in a community of belonging.

Aboriginal people

live in safe homes

with access to local

facilities and services.

Housing is considered safe when it provides physical safety and basic needs.

Aboriginal people are supported to sustain strong kin and community connections.

Safety

Aboriginal people experience a holistic sense of safety. This includes; physical safety, mental wellbeing, parental wellbeing. cultural connection and belonging.

Aboriginal families stay safely together.

to, and protected by, community and culture. Aboriginal families access

culturally safe and responsive supports that address any issues and reduce risk from escalating.

Aboriginal people are connected

Outcomes for

Aboriginal People

Culture is at the heart

of everything

Aboriginal children grow up strong and connected to culture.

Empowerment

Aboriginal people experience belonging and connection to culture which builds self-esteem, supports self-determination, and fosters wellbeing.

Aboriginal families have access and choice to services that are Aboriginal designed and culturally safe and responsive.

Aboriginal people can access services that prioritise both community and family-led decision making; and support wellbeing and communitycontrolled solutions.

Education and Skills

Culture is at the forefront of everything including Aboriginal people's learning goals (e.g. learning culture, intergenerational learning, truth telling and knowledge of/ connection to cultural practices).

Aboriginal people engage in educational and vocational opportunities that connect

with their learning and cultural needs. Cultural knowledge and

practices including the sharing of language, men's and women's business, dance, music and art are recognised as critical educational opportunities.

Children and young people are connected to culture and supported to reach developmental goals. transition to school and practice social skills.

Economic

Aboriginal people, families and communities have an improved sense of financial security and autonomy.

Aboriginal people engage in activities and/or community support that meets their individual and family's economic needs (e.g. employment, education and training, social and community).

PANEL OVERVIEW



Panel Meaning

The meaning behind this cultural panel reflects the "Outcomes for Aboriginal People" and their descriptions.

- The centre piece is a gathering circle with the yellow people (u-shape) representing Aboriginal Community Controlled Organisations and Aboriginal staff in early intervention services supporting the community members, represented by the orange person in the middle.
- The stars above in the teal colour represents harnessing years of traditional knowledge from generations.
- The orange meeting places with the knowledge sticks surrounding represents empowerment and growth.
- The pink community circles in a row represent that each community and the people within are all unique and different; however, they are connected through culture, kinship, knowledge, sharing and belonging.
- The green leaves represent wellbeing and health through Country and the seeds represent planting the seeds for future, growth and journeys.
- The blue circles have journey tracks moving out to represent 'from little things, big things grow' with economic autonomy.
- The green boomerangs represent resilience, innovation and learning. The boomerang holds many purposes, carefully curated from generations of knowledge and cultural practices.
- The journey lines layered within represent Country and journeys of people and communities, being interlayed and the flow of this movement.

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Appendix E: TEI Service Types

Community Strengthening program activity

Service type	Description				
Advocacy	Activities include advocacy, problem-solving and being an intermediary for children,				
and support	young people, families and communities to help and encourage people to find the support that's right for them.				
Community engagement	Organising community events or festivals or planning activities with community members that align with, or would achieve, TEI outcomes.				
	Organising community events or festivals can only be counted if the service is responsible for organising and running the event (e.g. contributing resources, time and staff to organise it, not just participating or attending). If an event runs for three days, record one session for each day the event occurs, therefore three sessions would be recorded for this event.				
	Examples of planning activities include a community-level child protection, housing, education, health or employment plan, or a plan that addresses a number of these. Note: the service must facilitate the sessions and write the plan to count this as an activity, not just participate in consultations run by other services. Plans should include the change that the community is trying to achieve and how this will be measured, including both short and medium or long-term measurement. Each meeting held to discuss a plan should be counted as a session.				
Community sector coordination	Activities undertaken to support coordination, planning and collaboration within the sector, strengthen organisational capacity of local TEI organisations, and help organisations and community networks to plan and support their communities to achieve TEI outcomes.				
	Examples include:				
	 organisational governance and strategic planning 				
	 coordinating interagency activities (chairing, secretariat, venue, etc.) 				
	 development of workforce capacity and skills, including training, communities of practice, practice tools, resources and frameworks 				
	 building the skills and capabilities of practitioners in relation to evidence- informed practice 				
	 backbone support to collective impact work 				
	 interdisciplinary place-based projects 				
	local consultation processes				
	representation				
	coaching/mentoring				
	education and skills training				
	 being a conduit between non-government organisations, government, business and wider community, including brokering partnerships, networking, policy advice and professional development. 				

	All community sector coordination activities will align with the TEI Service System Outcomes.
	Note: community sector coordination activities do not need to be reported in DEX. The Community Sector Coordination reporting tool is available for reporting purposes.
Education and skills training	 Activities that: build community member knowledge, skills, experience, confidence, wellbeing, social inclusion, participation or individual capacity. Examples
	include literacy, numeracy, life skills, financial management and budgeting, whether delivered to individuals or in a group.
	 build the knowledge and skills of community members to better meet, interact and/or volunteer. These may include individual, group or other client-centred approaches.
	Online activities can be recorded where specific workshops or modules are delivered to a group of individual clients.
Facilitate employment pathways	Activities that build the skills of community members, including young people, to facilitate pathways to employment. Examples include résumé writing workshops, employment skills development and volunteering, whether delivered to individuals or in a group.
Indigenous advocacy / support	Activities include advocacy, problem-solving and being an intermediary for Aboriginal children, young people, families and communities to help and encourage people to find the support that's right for them.
Indigenous community engagement	Organise Aboriginal community activities, events or festivals that support Aboriginal communities, or community events promoting Aboriginal issues. This could include social, cultural, recreational, youth, art or language activities, workshops, or linking up members of a community around a shared issue, memorial days, reconciliation activities and erecting plaques or monuments.
	This can only be counted if the service is responsible for organising and running the event (e.g. contributing resources, time and staff to organise it, not just participating or attending). If an event runs for three days, record one session for each day the event occurs.
Indigenous healing activities	Activities that facilitate healing for Aboriginal communities, families or individuals through a spiritual process that includes therapeutic change and cultural renewal. ⁷⁸ Healing is a holistic process that can include mental, physical and spiritual needs, thus the activities under this service type are varied. Examples include:
	 Reclaiming history: oral history projects that document the experience and history of the Stolen Generations and commemoration and memorial activities that mark their losses.
	 Cultural interventions: activities that engage people in a process of recovering and reconnecting to culture, language, history, spirituality, traditions and ceremonies to reinforce self-esteem and a positive cultural identity.

⁷⁸ The description of this service type has been refined through consultation with Ken Zulumovski of Gamarada Indigenous Resources Pty Ltd and references concepts taken from the Aboriginal and Torres Straight Social Justice Report 2008.

	 Therapeutic healing: includes a combination of traditional and Western therapies to help individuals and communities recover from trauma.
Information /advice / referral	Provision of standard advice, guidance or information for individuals or families in relation to a specific topic. This may be delivered by phone calls, drop-ins, online, emails and so on.
	Referrals include to another service provider or within the organisation. The referral must be effective and timely, facilitate client engagement, build and maintain referral pathways and partnerships, and help individuals and families to easily access services and determine the way their support is provided.
	Material aid may be offered to clients in this service type to support a soft entry into the service system.
Social participation	Initiate or facilitate community activities that are in line with TEI outcomes. This includes:
	 social, cultural, recreational, youth activities, art or language activities; workshops; or linking up members of a community around a shared issue,
	 activities that encourage connectedness for community members, which would increase social inclusion, connection and participation. For example, community playgroups, mentoring, leadership programs, peer support, relationship, social skills, whether delivered one on one or in a group.
	 providing spaces for clients to have an opportunity to connect with others, such as a neighbourhood or community centre, informal locations, or online to achieve the TEI outcomes.
	Examples include providing a meeting space or hiring out rooms to functions or forums, parenting groups, youth groups, early childhood education, care or support, maternal and child health services, Aboriginal Elders, men's and women's groups, Aboriginal enterprises; providing access to internet and Wi-Fi; or access to equipment such as toys, books and car seats. Count each occasion of service as a session. Service providers should aim to collect individual client details for each participant/attendee where possible.

Family Connect and Support (FCS) program activity

Service type	Description							
Active holding	Where an outbound referral service is at capacity or not yet accessible, FCS service providers will actively maintain contact and provide support to the client family while they are waiting for services to become available. Active holding involves the FCS service provider monitoring the family circumstances and providing <u>short-term</u> case support to address immediate needs, including practical support and home visits, and follow-up with service providers while suitable services are being arranged.							
	The <u>CAF</u> includes further guidance on active holding practice.							
Family capacity building	Family support activities provided to build family capacity to address comprehensive needs – for example, implementing case plans and case coordination activities such as:							
	 intake and assessment (initial and comprehensive) 							
	• advocacy							
	brokerage/material aid							
	• support (legal, language, etc.)							
	 skills development (life skills, budgeting, etc.) 							
	• safety planning in the context of family violence (where relevant).							
	In FCS, it may also include bringing together family members (including extended family and kin) and/or other members of a family's informal support network to discuss issues, needs and strengths, and jointly developing a family-centred and led plan that supports the family to achieve their goals.							
	It may include case conferencing meetings with the family's service providers to facilitate coordination of service provision. This could be undertaken in different settings, including home visits, a community venue, online or at the service provider.							
	When working with Aboriginal families, case coordination and case management practices should align to the <u>Aboriginal Case Management Policy</u> , in particular the principles of Aboriginal family-led assessment, and Aboriginal family-led decision making.							
	Assessment in a case coordination setting involves assessing the strengths and needs of the child, young person and family, including any risks. The <u>Common Assessment Framework</u> and <u>Common Assessment Tool</u> provide guidance on completing initial and comprehensive assessments.							
	Capture any information, advice or referrals conducted as part of case coordination under the family capacity building service type.							
Information / advice / referral	Accessible, timely and culturally appropriate service information, advice and referrals. Frontline staff provide immediate and thorough help to clients and address their needs before any significant assessment. This may be delivered by phone calls, drop-ins, emails and so on.							



Referrals (including warm referrals) should support families by connecting them with the service system or arranging services and conducting follow-up with the family or service provider. Referrals can be internal or external.

Wellbeing and Safety program activity

Service type	Description
Counselling	Counselling provided by a qualified practitioner such as a psychologist or psychotherapist to one or more clients or family members. Techniques, orientations and practices used should be broadly accepted, validated and based on client need.
Education and skills training	Targeted, specialist or intensive support that builds the knowledge, skills and wellbeing of people with high and complex needs or known vulnerabilities (e.g. disengagement from school, family violence, mental health conditions, drug and/or alcohol needs, social/economic disadvantage). These may include individual, group or other client-centred approaches.
	For young people, this may involve a wide range of programs delivered in school covering topics such as healthy relationships and consent.
	Online activities can be recorded where specific workshops or modules are delivered to a group of individual clients.
Family capacity building	Family support activities provided to build family capacity to address comprehensive needs. For example, implementing case plans and case management activities, such as:
	advocacy
	 intake and assessment (initial and comprehensive)
	case coordination
	 counselling (undertaken as part of holistic case management)⁷⁹
	material aid
	• support (legal, language, etc.)
	mediation
	 referrals (e.g. including to community support-based networks, child developmental services, specific and therapeutic supports, food banks, employment services)
	 skills development (life skills, budgeting, etc.)
	 services that may include a therapeutic component, or a specialist framework intended to meet a specific intensive need
	• safety planning in the context of family violence (where relevant).
	This could be undertaken in different settings, including home visits, a community venue, online or at the service provider.
	When working with Aboriginal families, case coordination and case management practices should align to the <u>Aboriginal Case Management</u> <u>Policy</u> , in particular the principles of Aboriginal family-led assessment, and Aboriginal family-led decision making.

⁷⁹ Counselling must align with the definition provided against the Counselling service type under the Wellbeing and Safety program activity.

	Assessment in a case management setting involves assessing the strengths and needs of the child, young person and family, including any risks. Refer to the <u>Common Assessment Framework</u> and <u>Common Assessment Tool</u> for further guidance on completing initial and comprehensive assessments. Capture any information, advice or referrals conducted as part of case coordination or case management under the family capacity building service type.
Indigenous supported playgroups	Indigenous supported playgroups are delivered by Aboriginal staff to Aboriginal parents or carers, or parents or carers of Aboriginal children. They provide an opportunity to share experiences of parenting and learn new parenting skills while being supported by workers who coordinate the activities. Supported playgroups help to improve children's social, emotional, communication and cognitive skills and behaviours, increase school readiness, build parental capacity and satisfaction with parenting, and strengthen belonging and connection of families in their communities. They also provide children with an opportunity to socialise, play and learn in a structured and positive environment as well as participating in age- appropriate learning experiences and activities to help them become school ready. Indigenous supported playgroups are facilitated by a professional worker with qualifications or experience in early childhood or in working with families with children.
	Playgroups are delivered using the <u>best practice principles</u> and <u>the additional</u> <u>key elements of supported playgroups delivered to Aboriginal families</u> identified in the evidence scan and align to the <u>Early Years Learning</u> <u>Framework</u> .
Information / advice / referral	Provision of standard advice, guidance or information for individuals or families in relation to a specific topic. This may be delivered by phone calls, drop-ins, emails and so on.
	Referrals include to another service provider or within the organisation. The referral must be effective and timely, facilitate client engagement, build and maintain referral pathways and partnerships, and help individuals and families to easily access services and determine the way their support is provided.
	Capture any information, advice or referrals conducted as part of case coordination or case management under the family capacity building service type.
Mentoring / peer support	This includes facilitating self-help or peer support groups for parents, carers or young people experiencing particular issues (e.g. a post-natal depression group).
Parenting programs	Programs that provide support specifically targeted at understanding and strengthening parent–child relationships through education, knowledge or practical skill building for parents. Parenting programs are usually delivered in a structured format. Program selection should be driven by local need, client compatibility and cultural safety.
	This could be undertaken in different settings, including home visits, a community venue, online or at the service provider.

Specialist supportSpecialist support is services that are intended to meet specific intensive need, which could have a therapeutic component. They can be delivered by a qualified worker. In some cases this will involve engaging or employing specialist services for a fee to work with the family more intensively, where these services can't be engaged any other way, or in a timely manner. Servic providers may include drug and/or alcohol services, intellectual or physical disability services, family mediation, family violence and sexual assault support services and problem gambling services.Supported playgroupsSupported playgroups are an opportunity for parents or caregivers to share experiences of parenting and learn new parenting skills while being supported by workers who coordinate the activities. They also provide children with an opportunity to socialise, play and learn in a structured and
playgroups experiences of parenting and learn new parenting skills while being supported by workers who coordinate the activities. They also provide
positive environment as well as participating in age-appropriate learning experiences and activities to help them become school ready. Supported playgroups are facilitated by a professional worker with:
qualifications in early childhood, or
 experience in early childhood or in working with families with children.
Service providers delivering supported playgroups should select one of the models in the Supported Playgroup Evidence Scan to deliver a supported playgroup in the TEI program. Where this is not appropriate, a locally designed model can be delivered following negotiation with the DCJ contract manager.
Locally designed supported playgroup models will be based on <u>best practic</u> <u>principles</u> (identified in the <u>supported playgroup evidence review</u>) and aligned with the <u>Early Years Learning framework</u> .
When selecting a supported playgroup model, consider the available evidence, local context and client and community need.
Youth individualised support Case management or individualised support for a young person that enables independence and autonomy and prioritises the young person's voice in decision-making. This can include:
intake and assessment (initial and comprehensive)
 organising activities to promote greater interconnectedness for your people
 support – navigating government systems, completing forms for access to services (e.g. Centrelink or housing), legal, language and so on
advocacy

- assistance with employment pathways such as help with résumés
- counselling
- mediation
- referrals
- material aid (may be offered to clients to support their overall case management)
- mentoring.

This could be delivered in different settings, including home visits, a community venue, online or at the service provider.

* NSW Government typically considers young people as aged 12 to 24 years.

Appendix F: Preventing Child Maltreatment core components and service types

Core component	Wellbeing and Safety program activity service types
Engagement	All service types
Case management	Family capacity building
Parental education coaching & modelling	Education and skills training Family capacity building Indigenous supported playgroups Parenting programs Supported playgroups
Parenting self-care & personal development	Counselling Family capacity building Supported playgroups Specialist support
Building supportive relationships & social networks	Family capacity building Indigenous supported playgroups Mentoring/peer support Parenting programs Supported playgroups

Appendix G: TEI Service System Outcomes

TEI Service System outcome domains ⁸⁰	Strengths based	Flexible and responsive	Culturally safe and responsive	Capable	Collaborative	Person and community centred	Evidence informed
TEI service system outcomes	TEI services adopt a strengths-based approach to service delivery.	TEI services are flexible, accessible and responsive.	TEI services are culturally safe, responsive and inclusive.	TEI services provide meaningful client and community engagement by skilled staff.	TEI services provide coordinated support and clear referral pathways through enduring partnerships across the service system.	TEI services are child, young person, family and community centred. They support clients and communities to build their capacity for change.	TEI services learn from data, program implementation, client voices and feedback, innovative pilots, research evidence and evaluations to improve service design and delivery, and client outcomes.
Description	 Strengths-based practice focuses on abilities, knowledge and capacities rather than deficits. It recognises clients and communities are experts in their own lives, and supports children, families and communities to be resilient and capable of growth, learning and change. Interactions with clients and communities build on protective factors and help grow capability and confidence. Services draw on the unique strengths of the family and engage in family-led decision- making, goal setting and case planning. 	 Clients and communities access free services most appropriate to their needs through accessible, timely, responsive and integrated services and referrals to ensure their needs are addressed early. Active efforts are made to engage clients and support them to overcome barriers to accessing supports and services. TEI services are proactive in improving service visibility and accessibility. Services actively connect with clients and communities who need support in settings that meet their needs (e.g. outreach). Services consider and are responsive to the needs and preferences of diverse clients, particularly those with additional vulnerabilities. 	 Cultural safety means an environment which is spiritually, socially and emotionally safe, as well as physically safe, where there is no assault, challenge or denial of a person's identity and what they need.⁸¹ The following are critical elements of cultural safety for Aboriginal people: 1.Recognising the importance of culture 2. Self-determination 3. Workforce 4. Whole of organisation approach 5. Leadership and partnership 6. Research, monitoring and evaluation. Promoting respect and positive attitudes for diversity and supporting children, young people, families and communities from all backgrounds and cultures by fostering belonging and inclusion. 	 Clients and communities access services from providers and workers who are respectful and have the appropriate skills to work with those who are marginalised and/or experiencing vulnerability Service providers are committed to the capacity building and professional development of their staff. Services promote a culture of learning and reflective practice and identify opportunities for training of their staff in key elements relevant to their day-to- day work with clients. 	 Clients and communities receive integrated and coordinated support from services. Clients and communities are supported to navigate a complex service system. Services contribute to capacity building in the local community and are actively involved in shaping the sector in partnership with others. Clients and communities are supported to build informal and formal networks. TEI practitioners are confident in their ability and the legislative basis to share information to support families experiencing risk and to increase wellbeing and safety. 	 Clients and communities are placed at the centre of the service and the service meets their unique needs. Clients and communities actively participate in the design and delivery of services to achieve their determined goals. Clients and communities exercise choice and control in service delivery and life decisions. Client rights to confidentiality and privacy are upheld. Practitioners take an intersectional approach, recognising there are multiple factors influencing and contributing to a person's identity (e.g. gender, sexuality, disability, ethnicity). 	Clients and communities have access to programs that are evidence informed.

⁸⁰ It should be noted that domains overlap, and indicators may measure more than service system domain.
 ⁸¹ Williams (1999), cited in Bin-Sallik (2003).

			people and their				
			families. For CALD communities, supporting community-led strategies that provide culturally appropriate and accessible information about safety and wellbeing.				
Example community sector coordination activities	 Tailored skill and professional development sessions focused on strengths- based practice. 	 Facilitate collaboration between organisations to integrate and streamline service delivery in order to maximise outcomes for clients. Activities to build and sustain the Aboriginal workforce. 	 Increasing Cultural Safety and Wellbeing knowledge through training and reflection opportunities. Form and facilitate partnerships with Aboriginal leaders to embed cultural safety within organisational governance and strategic planning and to ensure service offerings are informed by Aboriginal worldviews, local knowledge and expertise. Building the capacity of service providers to incorporate the Aboriginal Case Management Policy. Facilitation of local multicultural interagency groups to build cultural competency and increase and improve working relationships, and knowledge of local communities, including existing and emerging CALD communities and available services for children, young people, families and communities. 	 Activities to facilitate development of workforce capacity and skills including training, communities of practice, practice tools, resources and frameworks that support the aims and objectives of the TEI program. Building the skills and capabilities of practitioners in relation to evidence-informed practice. 	 Form and coordinate interagency groups, partnership projects and working groups, including planning and development activities that support integrated services, identify gaps and strengthen collaborative opportunities and referral pathways. 	 Identify training needs and gaps and facilitate activities that foster and strengthen the knowledge and skills of practitioners in relation to person- centred practice. Build the skills, capacity and capability of service providers to be informed by local community needs. 	 Create and maintain resources, training opportunities and general information to support evidence-informed approach. Build the skills and capabilities of practitioners to engage with the DCJ Evidence Portal and use evidence in decision-making, planning, practice and service delivery. Use evidence to identify service gaps.

Example short term & medium-term indicators for service providers	Program wide - Client satisfaction SCORES which measure whether clients felt heard and whether services were effective in helping them meet their goal may indicate a programmatic delivery of strengths-based services.	Number of services which are aligned to need. Number of referrals accepted. Number of clients coming into contact with child protection system.	 Number of staff who have attended cultural safety training. Number of staff who have attended traumainformed practice training. Number of service providers with a plan for implementing changes that support a culturally safe and responsive workplace. Number of services designed by Aboriginal or CALD communities. Number of services delivered by Aboriginal Community Controlled Organisations or Aboriginal staff. Feedback from Aboriginal clients on their experience of receiving support and feelings of empowerment. 	Number of adequately qualified staff (as per contractual agreements). Number of staff who have attended cultural safety, trauma-informed practice and/or family violence (including coercive control) training. Number of staff participating in ongoing professional development, including reflective practice and supervision.	projects.	 Number of co-designed projects with end users. Number of services designed by Aboriginal communities or CALD communities. Number of services delivered by Aboriginal and CALD managed or majority managed and staffed organisations. Number of staff who attended personcentred practice training. 	 Number of services with program logics assessed as high quality. Number of evidence-informed programs delivered, or programs designed using the evidence or core components outlined in the DCJ Evidence Portal. Number of TEI services staff implemented new evidence that was discussed within peer group discussions.
Overall Service System Indicators which measure service system and the capacity of the sector	Strengths based Number of services which use person/family-led tools and decision-making processes when they engage with individuals/families.						

Proportion of providers who actively monitor their plan for implementing trauma-informed practices within their organisation.

Evidence informed

Proportion of service providers delivering evidence-informed programs or programs designed using the core components.

Proportion of service programs that are evidence informed (which have program logics rated as excellent).

Proportion of Family Support Services that have used the Preventing Child Maltreatment core components in their design and delivery. Number of service providers using the Evidence Portal to design and implement services.

Number of emerging programs identified from the TEI sector.

Number of services with individual program logics that reflect/align to the program-wide program logics.

Number of Wellbeing and Safety services delivering parenting programs and supported playgroups from the list of evidence-informed models/programs.

Responsive

Number of organisations delivering services in rural communities. Number of clients living in LGAs with no service providers (DEX data – client LGA and outlet LGA). Number of organisations conducting outreach.